



**РНИМУ**

имени Н.И. ПИРОГОВА



ГКБ ИМ. И. В. ДАВЫДОВСКОГО

— 1866 —

# **Особенности инфузионной терапии при критических состояниях**

А.В. Бабаянц

McGRAW-HILL EDUCATION  
SPECIALTY BOARD REVIEW

# Anesthesiology

Examination and Board Review

7TH EDITION



- The most trusted certification and recertification review
- 1500 board-type questions
- Fully explained answers
- Comprehensive practice tests

MARK DERSHWITZ  
J. MATTHIAS WALZ

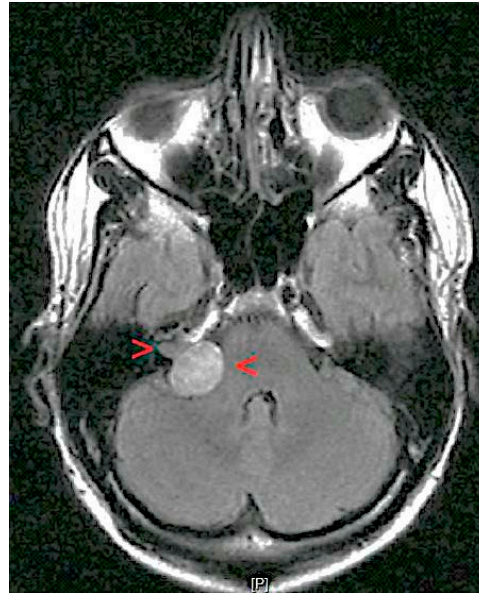
Mc  
Graw  
Hill  
Education

## Задача

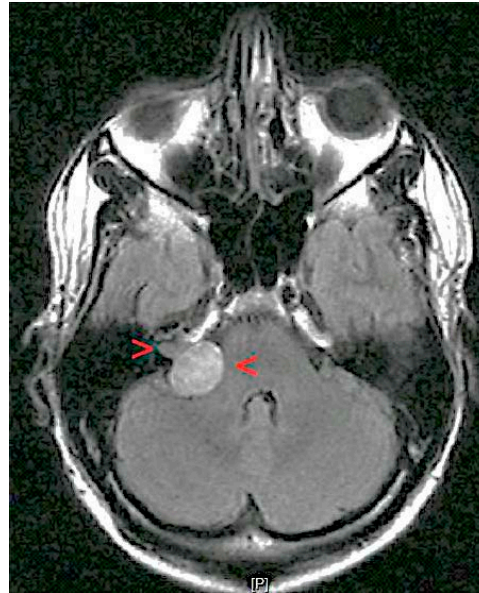
**489.** A 41-year-old woman underwent resection of an acoustic neuroma under total intravenous anesthesia (TIVA). The surgical procedure was notable for 12-h duration with 500 mL blood loss. She is admitted to the ICU postoperatively, is extubated, breathing comfortably, and is neurologically intact. Vital signs are normal. An ABG reveals pH 7.30,  $P_{aCO_2}$  42 mm Hg,  $P_{aO_2}$  150 mm Hg on supplemental oxygen, base deficit 4. A metabolic panel shows Na 143 mEq/ L, K 3 mEq/ L, Cl 115 mEq/ L,  $HCO_3$  20 mEq/ L. Which one of the following is the most likely explanation for the patient's acid-base disturbance?

# Клиническая ситуация

# Клиническая ситуация

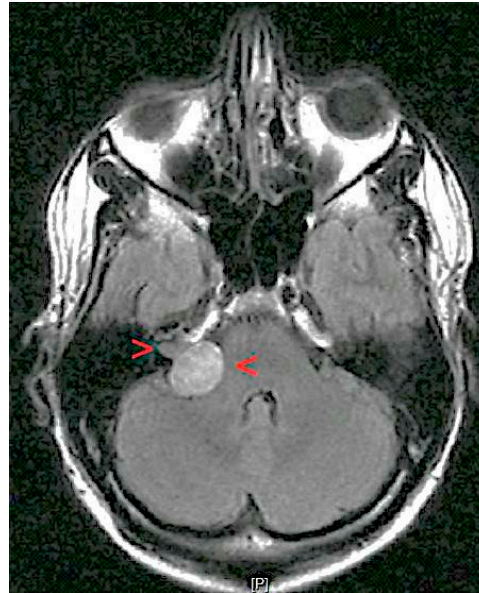


# Клиническая ситуация



41-летней женщине выполнено удаление невриномы слухового нерва (ТВВА). Длительность операции - 12 ч.

# Клиническая ситуация



41-летней женщине выполнено удаление невриномы слухового нерва (ТВВА). Длительность операции - 12 ч.

Кровопотеря 500 мл. Перевод в ОРИТ, экстубация

Без неврологического дефицита

Витальные показатели стабильны

# **Анализ кислотно-основного состояния**



# Анализ кислотно-основного состояния

$\text{pH} = 7,30$ ;  $\text{PaCO}_2 = 42$  мм рт.ст.

# Анализ кислотно-основного состояния

$\text{pH} = 7,30$ ;  $\text{PaCO}_2 = 42$  мм рт.ст.

$\text{PaO}_2$  150 мм рт. ст. (инсуффляция  $\text{O}_2$ )

# Анализ кислотно-основного состояния

$\text{pH} = 7,30$ ;  $\text{PaCO}_2 = 42$  мм рт.ст.

$\text{PaO}_2 = 150$  мм рт. ст. (инсуффляция  $\text{O}_2$ )

$\text{BE} = -4$ ;  $\text{Na} = 143$  мэкв/л;  $\text{K} = 3$  мэкв/л

# Анализ кислотно-основного состояния

$\text{pH} = 7,30$ ;  $\text{PaCO}_2 = 42$  мм рт.ст.

$\text{PaO}_2 = 150$  мм рт. ст. (инсуффляция  $\text{O}_2$ )

$\text{BE} = -4$ ;  $\text{Na} = 143$  мэкв/л;  $\text{K} = 3$  мэкв/л

$\text{Cl} = 115$  мэкв/л;  $\text{HCO}_3 = 20$  мэкв /л

# Вопрос

Что из перечисленного вероятнее всего объясняет данные нарушения КОС?

## Варианты ответа

(A) Crystalloid resuscitation fluid administered during operation

## Варианты ответа

- (A) Crystalloid resuscitation fluid administered during operation
- (B) Loop diuretic administered to reduce brain swelling

## Варианты ответа

- (A) Crystalloid resuscitation fluid administered during operation
- (B) Loop diuretic administered to reduce brain swelling
- (C) TIVA anesthetic agent



## Варианты ответа

- (A) Crystalloid resuscitation fluid administered during operation
- (B) Loop diuretic administered to reduce brain swelling
- (C) TIVA anesthetic agent
- (D) Hypovolemia due to underresuscitation

## Варианты ответа

- (A) Crystalloid resuscitation fluid administered during operation
- (B) Loop diuretic administered to reduce brain swelling
- (C) TIVA anesthetic agent
- (D) Hypovolemia due to underresuscitation
- (E) Nitroprusside treatment of intraoperative hypertension



## ОТВЕТ:

**489. (A)** The patient's acid-base disorder is a mild metabolic acidosis without an increased anion gap. The most likely diagnosis is intraoperative resuscitation with 0.9% NaCl (normal saline) intravenous solution that is commonly used during neurosurgical procedures because it is slightly hypertonic compared to plasma and theoretically may provide benefit in diminishing brain edema. However, administration of large quantities of normal saline causes a hyperchloremic metabolic acidosis with normal anion gap as a result of dilutional acidosis. The clinical significance of this acid-base disorder remains to be elucidated, but likely does not carry as poor a prognosis as lactic acidosis. Loop diuretic administration generally causes a metabolic "contraction" alkalosis. Propofol infusion syndrome and cyanide toxicity due to nitroprusside both cause an elevated anion gap metabolic acidosis due to lactic acidosis. (1:796; 5:508, 528, 535-6)

## ОТВЕТ:

**489. (A)** The patient's acid-base disorder is a mild metabolic acidosis without an increased anion gap. The most likely diagnosis is intraoperative resuscitation with 0.9% NaCl (normal saline) intravenous solution that is commonly used during neurosurgical procedures because it is slightly hypertonic compared to plasma and theoretically may provide benefit in diminishing brain edema. However, administration of large quantities of normal saline causes a hyperchloremic metabolic acidosis with normal anion gap as a result of dilutional acidosis. The clinical significance of this acid-base disorder remains to be elucidated, but likely does not carry as poor a prognosis as lactic acidosis. Loop diuretic administration generally causes a metabolic "contraction" alkalosis. Propofol infusion syndrome and cyanide toxicity due to nitroprusside both cause an elevated anion gap metabolic acidosis due to lactic acidosis. (1:796; 5:508, 528, 535-6)

# Гиперхлоремический метаболический ацидоз

**489. (A)** The patient's acid-base disorder is a mild metabolic acidosis without an increased anion gap. The most likely diagnosis is intraoperative resuscitation with 0.9% NaCl (normal saline) intravenous solution that is commonly used during neurosurgical procedures because it is slightly hypertonic compared to plasma and theoretically may provide benefit in diminishing brain edema. However, administration of large quantities of normal saline causes a hyperchloremic metabolic acidosis with normal anion gap as a result of dilutional acidosis. The clinical significance of this acid-base disorder remains to be elucidated, but likely does not carry as poor a prognosis as lactic acidosis. Loop diuretic administration generally causes a metabolic "contraction" alkalosis. Propofol infusion syndrome and cyanide toxicity due to nitroprusside both cause an elevated anion gap metabolic acidosis due to lactic acidosis. (1:796; 5:508, 528, 535-6)

# Особенности инфузионной терапии при критических состояниях

- Сепсис
- Кровопотеря

# Особенности инфузионной терапии при критических состояниях

- Сепсис
- Кровопотеря





10.1097/CCM.0000000000002255

## Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD(Res) (Co-chair)<sup>1</sup>; Laura E. Evans, MD, MSc, FCCM (Co-chair)<sup>2</sup>; Waleed Alhazzani, MD, MSc, FRCPC (methodology chair)<sup>3</sup>; Mitchell M. Levy, MD, MCCM<sup>4</sup>; Massimo Antonelli, MD<sup>5</sup>; Ricard Ferrer, MD, PhD<sup>6</sup>; Anand Kumar, MD, FCCM<sup>7</sup>; Jonathan E. Sevransky, MD, FCCM<sup>8</sup>; Charles L. Sprung, MD, JD, MCCM<sup>9</sup>; Mark E. Nunnally, MD, FCCM<sup>10</sup>; Bram Rochwerf, MD, MSc (Epi)<sup>3</sup>; Gordon D. Rubenfeld, MD (conflict of interest chair)<sup>10</sup>; Derek C. Angus, MD, MPH, MCCM<sup>11</sup>; Djillali Annane, MD<sup>12</sup>; Richard J. Beale, MD, MB BS<sup>13</sup>; Geoffrey J. Bellinghan, MRCP<sup>14</sup>; Gordon R. Bernard, MD<sup>15</sup>; Jean-Daniel Chiche, MD<sup>16</sup>; Craig Coopersmith, MD, FACS, FCCM<sup>8</sup>; Daniel P. De Backer, MD, PhD<sup>17</sup>; Craig J. French, MB BS<sup>18</sup>; Seitaro Fujishima, MD<sup>19</sup>; Herwig Gerlach, MBA, MD, PhD<sup>20</sup>; Jorge Luis Hidalgo, MD, MACP, MCCM<sup>21</sup>; Steven M. Hollenberg, MD, FCCM<sup>22</sup>; Alan E. Jones, MD<sup>23</sup>; Dilip R. Karnad, MD, FACP<sup>24</sup>; Ruth M. Kleinpell, PhD, RN-CS, FCCM<sup>25</sup>; Younsuck Koh, MD, PhD, FCCM<sup>26</sup>; Thiago Costa Lisboa, MD<sup>27</sup>; Flavia R. Machado, MD, PhD<sup>28</sup>; John J. Marini, MD<sup>29</sup>; John C. Marshall, MD, FRCSC<sup>30</sup>; John E. Mazuski, MD, PhD, FCCM<sup>31</sup>; Lauralyn A. McIntyre, MD, MSc, FRCPC<sup>32</sup>; Anthony S. McLean, MB ChB, MD, FRACP, FJFICM<sup>33</sup>; Sangeeta Mehta, MD<sup>34</sup>; Rui P. Moreno, MD, PhD<sup>35</sup>; John Myburgh, MB ChB, MD, PhD, FANZCA, FCICM, FAICD<sup>36</sup>; Paolo Navalesi, MD<sup>37</sup>; Osamu Nishida, MD, PhD<sup>38</sup>; Tiffany M. Osborn, MD, MPH, FCCM<sup>31</sup>; Anders Perner, MD<sup>39</sup>; Colleen M. Phunkett<sup>45</sup>; Marco Ranieri, MD<sup>40</sup>; Christa A. Schorr, MSN, RN, FCCM<sup>22</sup>; Maureen A. Seckel, CCRN, CNS, MSN, FCCM<sup>41</sup>; Christopher W. Seymour, MD<sup>42</sup>; Lisa Shieh, MD, PhD<sup>43</sup>; Khalid A. Shukri, MD<sup>44</sup>; Steven Q. Simpson, MD<sup>45</sup>; Mervyn Singer, MD<sup>46</sup>; B. Taylor Thompson, MD<sup>47</sup>; Sean R. Townsend, MD<sup>48</sup>; Thomas Van der Poll, MD<sup>49</sup>; Jean-Louis Vincent, MD, PhD, FCCM<sup>50</sup>; W. Joost Wiersinga, MD, PhD<sup>51</sup>; Janice L. Zimmerman, MD, MACP, MCCM<sup>52</sup>; R. Phillip Dellinger, MD, MCCM<sup>22</sup>

**\*See also p. 553.**

<sup>1</sup>St. George's Hospital London, England, United Kingdom.

<sup>2</sup>New York University School of Medicine New York, NY.

<sup>3</sup>McMaster University Hamilton, Ontario, Canada.

<sup>4</sup>Brown University School of Medicine Providence, RI.

<sup>5</sup>Istituto di Anestesiologia e Rianimazione, Università Cattolica del Sacro Cuore, Rome, Italy.

<sup>6</sup>Vall d'Hebron University Hospital Barcelona, Spain.

<sup>7</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002255

<sup>8</sup>Emory University Hospital Atlanta, GA.

<sup>9</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>10</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>11</sup>University of Pittsburgh Critical Care Medicine CRISMA Laboratory Pittsburgh, PA.

<sup>12</sup>Hospital Raymond Poincaré Garches, France.

<sup>13</sup>Saint Thomas Hospital London, England, United Kingdom.

<sup>14</sup>University College London Hospitals London, England, United Kingdom.

<sup>15</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>16</sup>Service de Réanimation Médicale Paris, France.

<sup>17</sup>CHIREC Hospitals Braine l'Alleud, Belgium.

<sup>18</sup>Western Hospital Victoria, Australia.

## FOREWORD

# A users' guide to the 2016 Surviving Sepsis Guidelines



R. Phillip Dellinger<sup>1\*</sup>, Christa A. Schorr<sup>1</sup> and Mitchell M. Levy<sup>2</sup>

## FOREWORD

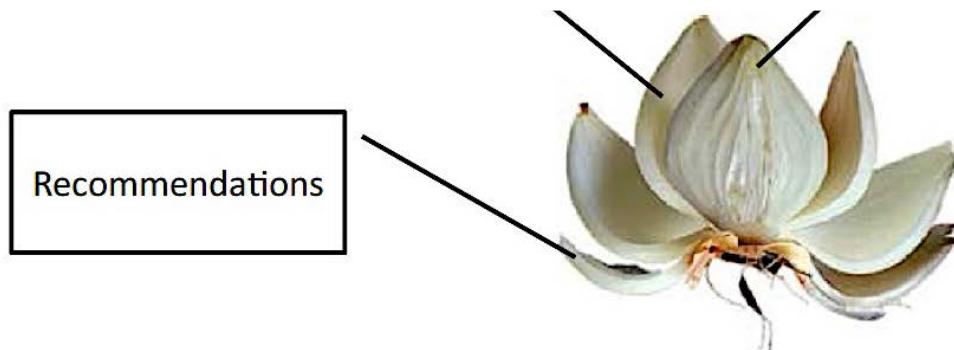


# A users' guide to the 2016 Surviving Sepsis Guidelines

R. Phillip Dellinger<sup>1\*</sup>, Christa A. Schorr<sup>1</sup> and Mitchell M. Levy<sup>2</sup>

© 2017 SCCM and ESICM

## Layers of the SSC Guidelines



**Fig. 1** The layers of an onion are paralleled to the components of the guidelines document, reflecting the depth of exploration by the user

## FOREWORD

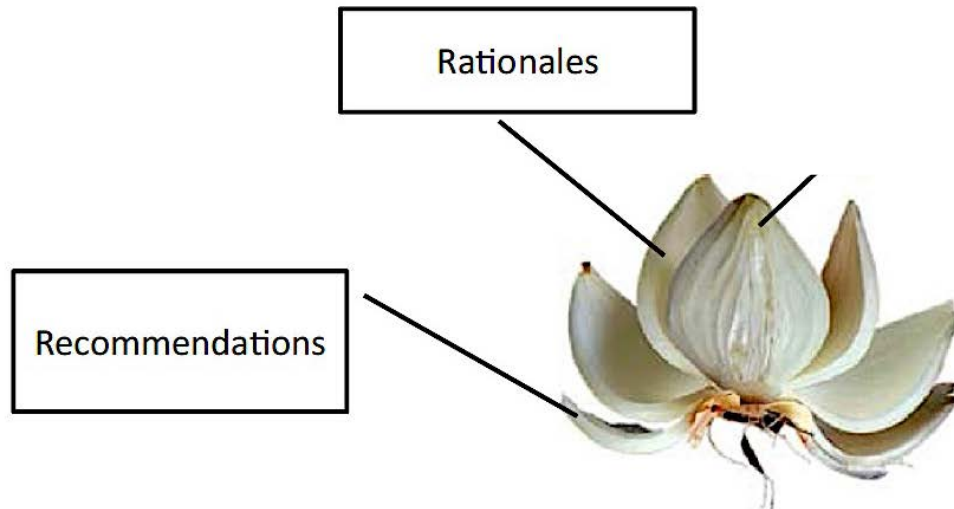


# A users' guide to the 2016 Surviving Sepsis Guidelines

R. Phillip Dellinger<sup>1\*</sup>, Christa A. Schorr<sup>1</sup> and Mitchell M. Levy<sup>2</sup>

© 2017 SCCM and ESICM

## Layers of the SSC Guidelines



**Fig. 1** The layers of an onion are paralleled to the components of the guidelines document, reflecting the depth of exploration by the user

## FOREWORD

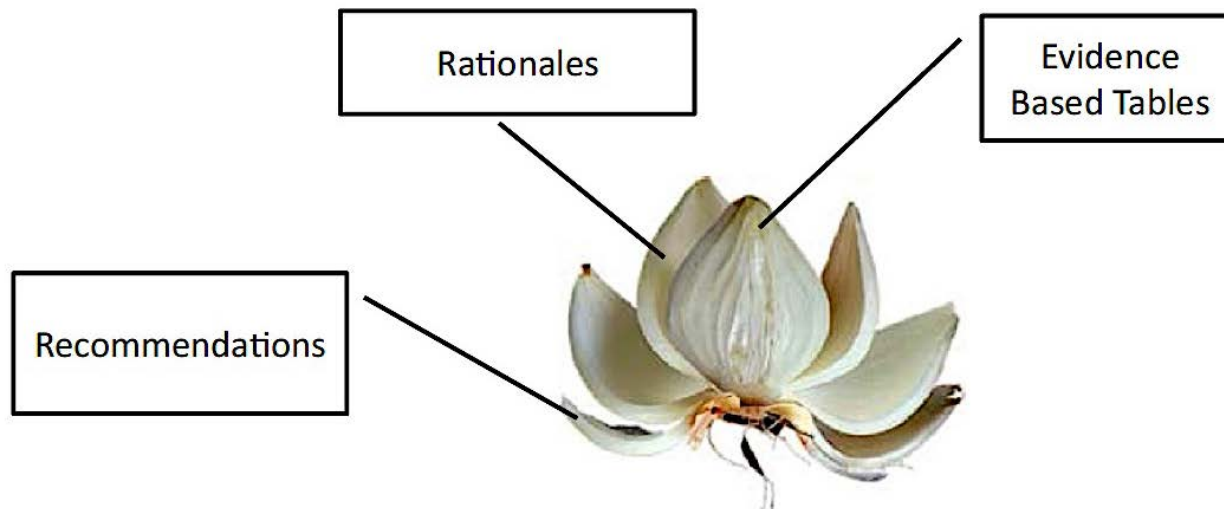


# A users' guide to the 2016 Surviving Sepsis Guidelines

R. Phillip Dellinger<sup>1\*</sup>, Christa A. Schorr<sup>1</sup> and Mitchell M. Levy<sup>2</sup>

© 2017 SCCM and ESICM

## Layers of the SSC Guidelines



**Fig. 1** The layers of an onion are paralleled to the components of the guidelines document, reflecting the depth of exploration by the user

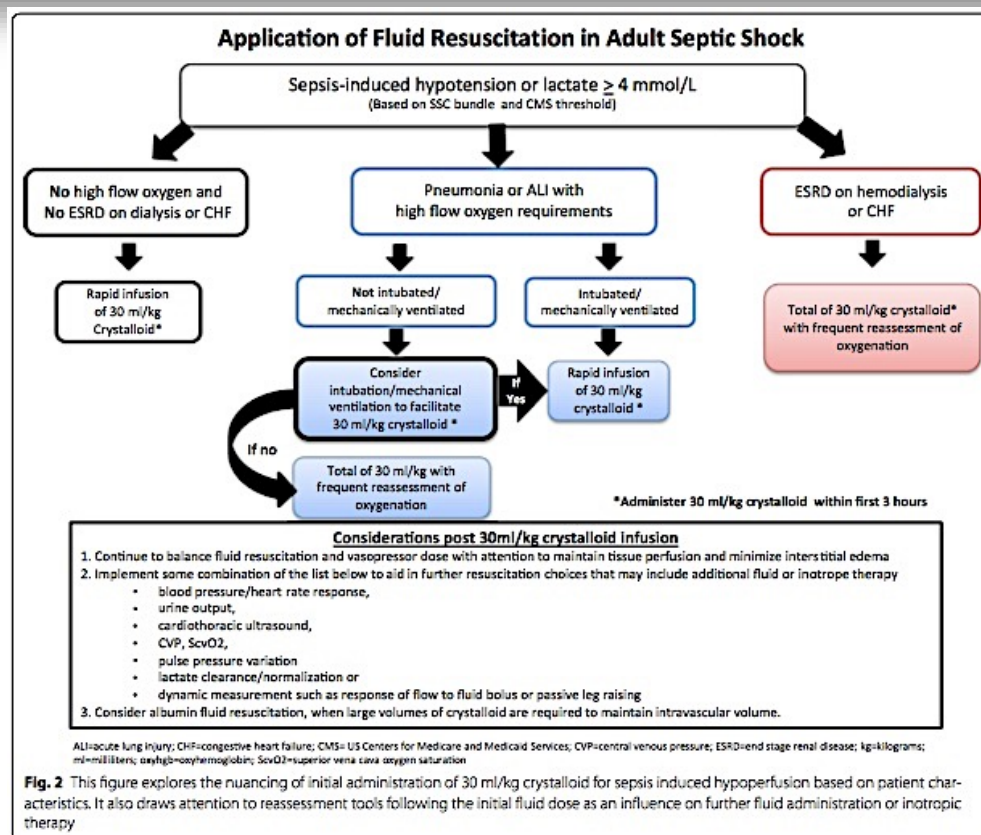
## FOREWORD



# A users' guide to the 2016 Surviving Sepsis Guidelines

R. Phillip Dellinger<sup>1\*</sup>, Christa A. Schorr<sup>1</sup> and Mitchell M. Levy<sup>2</sup>

© 2017 SCCM and ESICM



# **Application of Fluid Resuscitation in Adult Septic Shock**

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L

(Based on SSC bundle and CMS threshold)



# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

```
graph TD; A[Sepsis-induced hypotension or lactate >= 4 mmol/L  
(Based on SSC bundle and CMS threshold)] --> B[No high flow oxygen and  
No ESRD on dialysis or CHF];
```

**No high flow oxygen and  
No ESRD on dialysis or CHF**

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

\*Administer 30 ml/kg crystalloid within first 3 hours

---

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

Pneumonia or ALI with  
high flow oxygen requirements

\*Administer 30 ml/kg crystalloid within first 3 hours

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Pneumonia or ALI with  
high flow oxygen requirements

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

**Not intubated/  
mechanically ventilated**

\*Administer 30 ml/kg crystalloid within first 3 hours

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

Pneumonia or ALI with  
high flow oxygen requirements

Not intubated/  
mechanically ventilated

Consider  
intubation/mechanical  
ventilation to facilitate  
30 ml/kg crystalloid \*

\*Administer 30 ml/kg crystalloid within first 3 hours

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

Pneumonia or ALI with  
high flow oxygen requirements

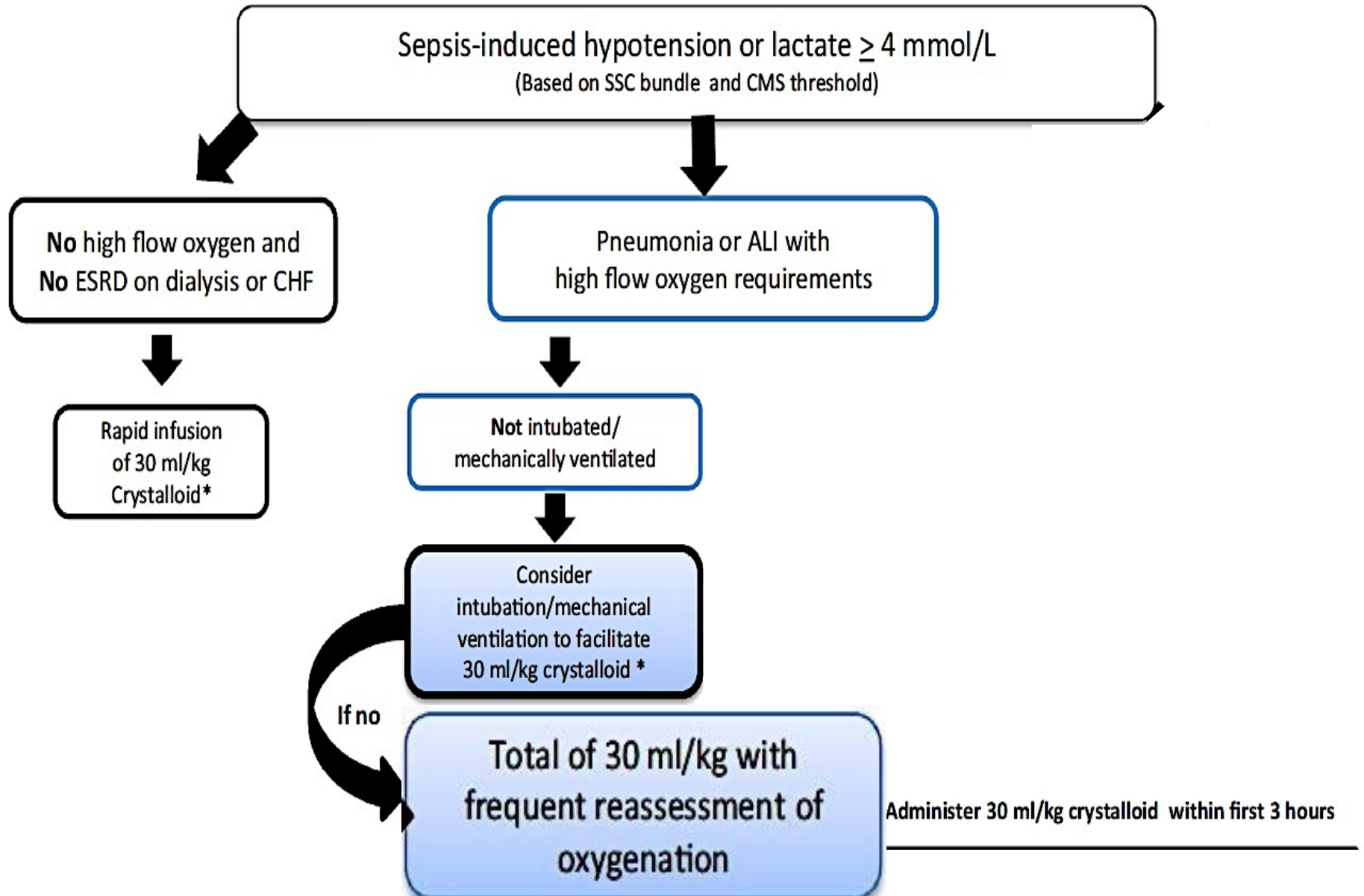
Not intubated/  
mechanically ventilated

Consider  
intubation/mechanical  
ventilation to facilitate  
30 ml/kg crystalloid \*

If no

Total of 30 ml/kg with  
frequent reassessment of  
oxygenation

Administer 30 ml/kg crystalloid within first 3 hours



# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

Pneumonia or ALI with  
high flow oxygen requirements

Not intubated/  
mechanically ventilated

Consider  
intubation/mechanical  
ventilation to facilitate  
30 ml/kg crystalloid \*

If no

Total of 30 ml/kg with  
frequent reassessment of  
oxygenation

If  
Yes

Intubated/  
mechanically ventilated

\*Administer 30 ml/kg crystalloid within first 3 hours



# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

Pneumonia or ALI with  
high flow oxygen requirements

Not intubated/  
mechanically ventilated

Intubated/  
mechanically ventilated

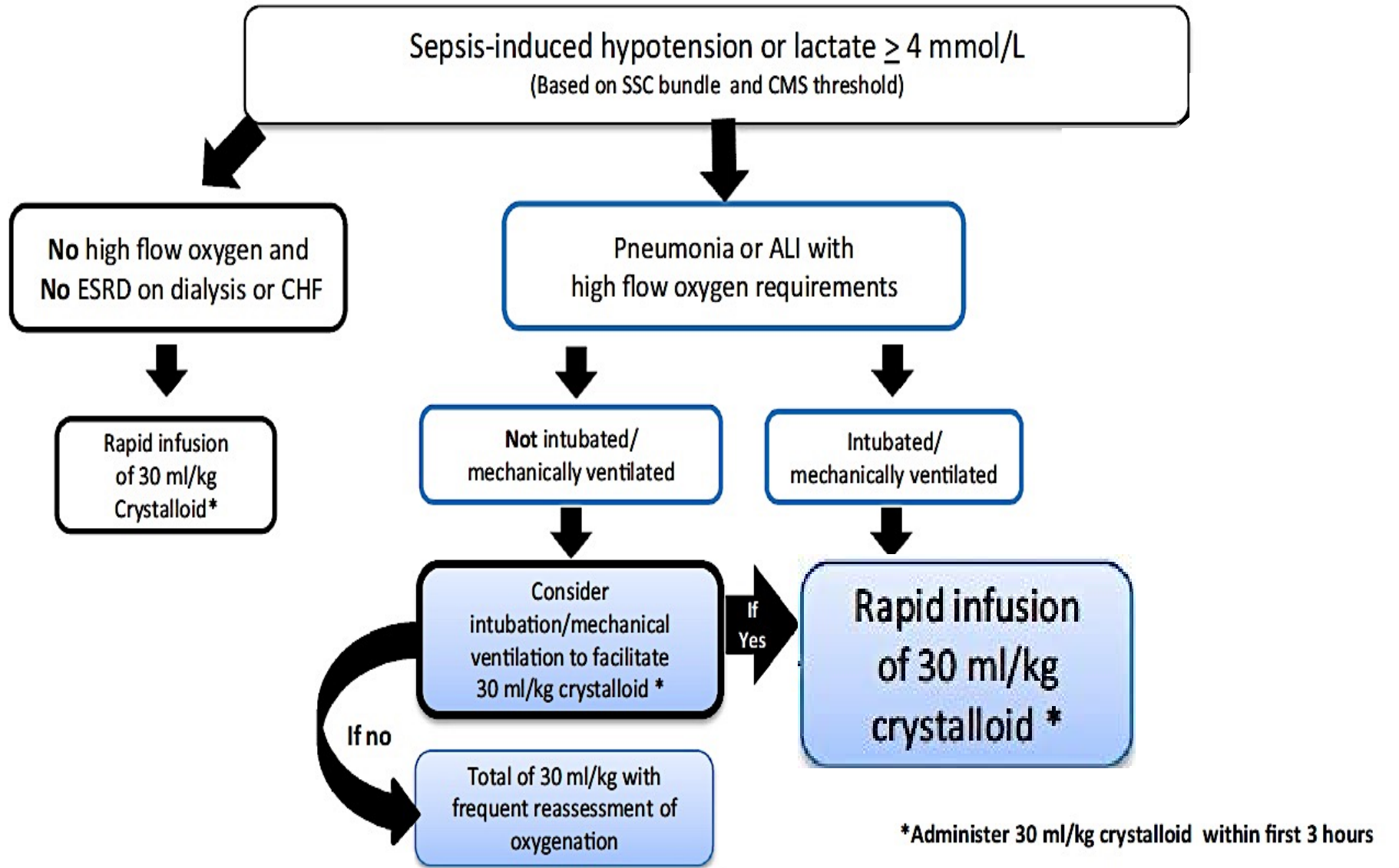
Consider  
intubation/mechanical  
ventilation to facilitate  
30 ml/kg crystalloid \*

Rapid infusion  
of 30 ml/kg  
crystalloid \*

If no

Total of 30 ml/kg with  
frequent reassessment of  
oxygenation

\*Administer 30 ml/kg crystalloid within first 3 hours



# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

Pneumonia or ALI with  
high flow oxygen requirements

Not intubated/  
mechanically ventilated

Intubated/  
mechanically ventilated

Consider  
intubation/mechanical  
ventilation to facilitate  
30 ml/kg crystalloid \*

Rapid infusion  
of 30 ml/kg  
crystalloid \*

If no

Total of 30 ml/kg with  
frequent reassessment of  
oxygenation

ESRD on hemodialysis  
or CHF

\*Administer 30 ml/kg crystalloid within first 3 hours

# Application of Fluid Resuscitation in Adult Septic Shock

Sepsis-induced hypotension or lactate  $\geq 4$  mmol/L  
(Based on SSC bundle and CMS threshold)

No high flow oxygen and  
No ESRD on dialysis or CHF

Rapid infusion  
of 30 ml/kg  
Crystalloid\*

Pneumonia or ALI with  
high flow oxygen requirements

Not intubated/  
mechanically ventilated

Consider  
intubation/mechanical  
ventilation to facilitate  
30 ml/kg crystalloid \*

If no

Total of 30 ml/kg with  
frequent reassessment of  
oxygenation

If  
Yes

Rapid infusion  
of 30 ml/kg  
crystalloid \*

Intubated/  
mechanically ventilated

ESRD on hemodialysis  
or CHF

Total of 30 ml/kg crystalloid\*  
with frequent reassessment of  
oxygenation

\*Administer 30 ml/kg crystalloid within first 3 hours

**30 мл/кг кристаллоидов**

**30 мл/кг кристаллоидов**  
**Что потом?**

# 30 мл/кг кристаллоидов Что потом?

## Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,



# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,
  - urine output,

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,
  - urine output,
  - cardiothoracic ultrasound,

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,
  - urine output,
  - cardiothoracic ultrasound,
  - CVP, ScvO<sub>2</sub>,

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,
  - urine output,
  - cardiothoracic ultrasound,
  - CVP, ScvO<sub>2</sub>,
  - pulse pressure variation

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,
  - urine output,
  - cardiothoracic ultrasound,
  - CVP, ScvO<sub>2</sub>,
  - pulse pressure variation
  - lactate clearance/normalization or

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,
  - urine output,
  - cardiothoracic ultrasound,
  - CVP, ScvO<sub>2</sub>,
  - pulse pressure variation
  - lactate clearance/normalization or
  - dynamic measurement such as response of flow to fluid bolus or passive leg raising

# 30 мл/кг кристаллоидов

## Что потом?

### Considerations post 30ml/kg crystalloid infusion

1. Continue to balance fluid resuscitation and vasopressor dose with attention to maintain tissue perfusion and minimize interstitial edema
2. Implement some combination of the list below to aid in further resuscitation choices that may include additional fluid or inotrope therapy
  - blood pressure/heart rate response,
  - urine output,
  - cardiothoracic ultrasound,
  - CVP, ScvO<sub>2</sub>,
  - pulse pressure variation
  - lactate clearance/normalization or
  - dynamic measurement such as response of flow to fluid bolus or passive leg raising
3. Consider albumin fluid resuscitation, when large volumes of crystalloid are required to maintain intravascular volume.

## Целевые показатели:

- АД ср. > 65 мм рт. ст. (у больных с сопутствующей артериальной гипертензией АДср. должно быть в пределах 75-85 мм рт. ст.)
- Сердечный индекс 2,5-5,0 л/мин/м<sup>2</sup>
- Вариации УО и пульсового давления < 13%
- Темп мочевыделения – ≥0,5 мл/кг/ч,
- Лактат < 2,0 ммоль/л
- SpO<sub>2</sub> в верхней полой вене – ≥ 70% (±5%).



# Инфузия при сепсисе

Special Article

## Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD(Res) (Co-chair)<sup>1</sup>; Laura E. Evans, MD, MSc, FCCM (Co-chair)<sup>2</sup>; Waleed Alhazzani, MD, MSc, FRCPC (methodology chair)<sup>3</sup>; Mitchell M. Levy, MD, MCCM<sup>4</sup>; Massimo Antonelli, MD<sup>5</sup>; Ricard Ferrer, MD, PhD<sup>6</sup>; Anand Kumar, MD, FCCM<sup>7</sup>; Jonathan E. Sevransky, MD, FCCM<sup>8</sup>; Charles L. Sprung, MD, JD, MCCM<sup>9</sup>; Mark E. Nunnally, MD, FCCM<sup>10</sup>; Bram Rochweg, MD, MSc (Epi)<sup>11</sup>; Gordon D. Rubenfeld, MD (conflict of interest chair)<sup>12</sup>; Derek C. Angus, MD, MPH, MCCM<sup>13</sup>; Djillali Annane, MD<sup>14</sup>; Richard J. Beale, MD, MB BS<sup>15</sup>; Geoffrey J. Bellinghan, MRCP<sup>16</sup>; Gordon R. Bernard, MD<sup>17</sup>; Jean-Daniel Chiche, MD<sup>18</sup>; Craig Coopersmith, MD, FACS, FCCM<sup>19</sup>; Daniel P. De Backer, MD, PhD<sup>20</sup>; Craig J. French, MB BS<sup>21</sup>; Seitaro Fujishima, MD<sup>22</sup>; Herwig Gerlach, MBA, MD, PhD<sup>23</sup>; Jorge Luis Hidalgo, MD, MACP, MCCM<sup>24</sup>; Steven M. Hollenberg, MD, FCCM<sup>25</sup>; Alan E. Jones, MD<sup>26</sup>; Dilip R. Karnad, MD, FACP<sup>27</sup>; Ruth M. Kleinpell, PhD, RN-CS, FCCM<sup>28</sup>; Younsuck Koh, MD, PhD, FCCM<sup>29</sup>; Thiago Costa Lisboa, MD<sup>30</sup>; Flavia R. Machado, MD, PhD<sup>31</sup>; John J. Marini, MD<sup>32</sup>; John C. Marshall, MD, FRCSC<sup>33</sup>; John E. Mazuski, MD, PhD, FCCM<sup>34</sup>; Lauralyn A. McIntyre, MD, MSc, FRCPC<sup>35</sup>; Anthony S. McLean, MB ChB, MD, FRACP, EFICM<sup>36</sup>; Sangeeta Mehta, MD<sup>37</sup>; Rui P. Moreno, MD, PhD<sup>38</sup>; John Myburgh, MB ChB, MD, PhD, FANZCA, FCICM, FAICD<sup>39</sup>; Paolo Navalesi, MD<sup>40</sup>; Osamu Nishida, MD, PhD<sup>41</sup>; Tiffany M. Osborn, MD, MPH, FCCM<sup>42</sup>; Anders Permer, MD<sup>43</sup>; Colleen M. Plunkett<sup>44</sup>; Marco Ranieri, MD<sup>45</sup>; Christa A. Schorr, MSN, RN, FCCM<sup>46</sup>; Maureen A. Seckel, CCRN, CNS, MSN, FCCM<sup>47</sup>; Christopher W. Seymour, MD<sup>48</sup>; Lisa Shieh, MD, PhD<sup>49</sup>; Khalid A. Shukri, MD<sup>50</sup>; Steven Q. Simpson, MD<sup>51</sup>; Mervyn Singer, MD<sup>52</sup>; B. Taylor Thompson, MD<sup>53</sup>; Sean R. Townsend, MD<sup>54</sup>; Thomas Van der Poll, MD<sup>55</sup>; Jean-Louis Vincent, MD, PhD, FCCM<sup>56</sup>; W. Joost Wiersinga, MD, PhD<sup>57</sup>; Janice L. Zimmerman, MD, MACP, MCCM<sup>58</sup>; R. Phillip Dellinger, MD, MCCM<sup>59</sup>

<sup>1</sup>See also p. 553.

<sup>2</sup>St. George's Hospital London, England, United Kingdom.

<sup>3</sup>New York University School of Medicine New York, NY.

<sup>4</sup>McMaster University Hamilton, Ontario, Canada.

<sup>5</sup>Duquesne University School of Medicine Providence, RI.

<sup>6</sup>Istituto di Anestesiologia e Rianimazione, Università Cattolica del Sacro Cuore, Rome, Italy.

<sup>7</sup>Wald University Hospital Barcelona, Spain.

<sup>8</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002255

<sup>9</sup>Emory University Hospital Atlanta, GA.

<sup>10</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>11</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>12</sup>University of Pittsburgh Critical Care Medicine CRISMA Laboratory Pittsburgh, PA.

<sup>13</sup>Hospital Raymond Poincaré Garches, France.

<sup>14</sup>Saint Thomas Hospital London, England, United Kingdom.

<sup>15</sup>University College London Hospitals London, England, United Kingdom.

<sup>16</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>17</sup>Service de Réanimation Médicale Paris, France.

<sup>18</sup>CHIREC Hospital Braine l'Alleud, Belgium.

<sup>19</sup>Western Hospital Victoria, Australia.

# Инфузия при сепсисе

## F. FLUID THERAPY

1. We recommend that a fluid challenge technique be applied where fluid administration is continued as long as hemodynamic factors continue to improve (BPS).

Special Article

### Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD(Res) (Co-chair)<sup>1</sup>; Laura E. Evans, MD, MSc, FCCM (Co-chair)<sup>2</sup>; Waleed Alhazzani, MD, MSc, FRCPC (methodology chair)<sup>3</sup>; Mitchell M. Levy, MD, MCCM<sup>4</sup>; Massimo Antonelli, MD<sup>5</sup>; Ricard Ferrer, MD, PhD<sup>6</sup>; Anand Kumar, MD, FCCM<sup>7</sup>; Jonathan E. Sevransky, MD, FCCM<sup>8</sup>; Charles L. Sprung, MD, JD, MCCM<sup>9</sup>; Mark E. Nunnally, MD, FCCM<sup>10</sup>; Bram Rochwerg, MD, MSc (Epi)<sup>11</sup>; Gordon D. Rubenfeld, MD (conflict of interest chair)<sup>12</sup>; Derek C. Angus, MD, MPH, MCCM<sup>13</sup>; Djillali Annane, MD<sup>14</sup>; Richard J. Beale, MD, MB BS<sup>15</sup>; Geoffrey J. Bellinghan, MRCP<sup>16</sup>; Gordon R. Bernard, MD<sup>17</sup>; Jean-Daniel Chiche, MD<sup>18</sup>; Craig Cooper-Smith, MD, FACS, FCCM<sup>19</sup>; Daniel P. De Backer, MD, PhD<sup>20</sup>; Craig J. French, MB BS<sup>21</sup>; Seitaro Fujishima, MD<sup>22</sup>; Herwig Gerlach, MBA, MD, PhD<sup>23</sup>; Jorge Luis Hidalgo, MD, MACP, MCCM<sup>24</sup>; Steven M. Hollenberg, MD, FCCM<sup>25</sup>; Alan E. Jones, MD<sup>26</sup>; Dilip R. Karnad, MD, FACP<sup>27</sup>; Ruth M. Kleinpell, PhD, RN-CS, FCCM<sup>28</sup>; Younsuck Koh, MD, PhD, FCCM<sup>29</sup>; Thiago Costa Lisboa, MD<sup>30</sup>; Flavia R. Machado, MD, PhD<sup>31</sup>; John J. Marini, MD<sup>32</sup>; John C. Marshall, MD, FRCSC<sup>33</sup>; John E. Mazuski, MD, PhD, FCCM<sup>34</sup>; Lauralyn A. McIntyre, MD, MSc, FRCPC<sup>35</sup>; Anthony S. McLean, MB ChB, MD, FRACP, FJFICM<sup>36</sup>; Sangeeta Mehta, MD<sup>37</sup>; Rui P. Moreno, MD, PhD<sup>38</sup>; John Myburgh, MB ChB, MD, PhD, FANZCA, FCICM, FAICD<sup>39</sup>; Paolo Navalesi, MD<sup>40</sup>; Osamu Nishida, MD, PhD<sup>41</sup>; Tiffany M. Osborn, MD, MPH, FCCM<sup>42</sup>; Anders Permer, MD<sup>43</sup>; Colleen M. Plunkett<sup>44</sup>; Marco Ranieri, MD<sup>45</sup>; Christa A. Schorr, MSN, RN, FCCM<sup>46</sup>; Maureen A. Seckel, CCRN, CNS, MSN, FCCM<sup>47</sup>; Christopher W. Seymour, MD<sup>48</sup>; Lisa Shieh, MD, PhD<sup>49</sup>; Khalid A. Shukri, MD<sup>50</sup>; Steven Q. Simpson, MD<sup>51</sup>; Mervyn Singer, MD<sup>52</sup>; B. Taylor Thompson, MD<sup>53</sup>; Sean R. Townsend, MD<sup>54</sup>; Thomas Van der Poll, MD<sup>55</sup>; Jean-Louis Vincent, MD, PhD, FCCM<sup>56</sup>; W. Joost Wiersinga, MD, PhD<sup>57</sup>; Janice L. Zimmerman, MD, MACP, MCCM<sup>58</sup>; R. Phillip Dellinger, MD, MCCM<sup>59</sup>

<sup>1</sup>See also p. 553.

<sup>2</sup>St. George's Hospital London, England, United Kingdom.

<sup>3</sup>New York University School of Medicine New York, NY.

<sup>4</sup>McMaster University Hamilton, Ontario, Canada.

<sup>5</sup>Dowen University School of Medicine Providence, RI.

<sup>6</sup>Istituto di Anestesiologia e Rianimazione, Università Cattolica del Sacro Cuore, Rome, Italy.

<sup>7</sup>Wall of Hibern University Hospital Barcelona, Spain.

<sup>8</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002256

<sup>9</sup>Emory University Hospital Atlanta, GA.

<sup>10</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>11</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>12</sup>University of Pittsburgh Critical Care Medicine CRISMA Laboratory Pittsburgh, PA.

<sup>13</sup>Hospital Raymond Poincaré Garches, France.

<sup>14</sup>Saint Thomas Hospital London, England, United Kingdom.

<sup>15</sup>University College London Hospitals London, England, United Kingdom.

<sup>16</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>17</sup>Service de Réanimation Médicale Paris, France.

<sup>18</sup>CHIREC Hopital Braine l'Alleud, Belgium.

<sup>19</sup>Western Hospital Victoria, Australia.

# Инфузия при сепсисе

## F. FLUID THERAPY

1. We recommend that a fluid challenge technique be applied where fluid administration is continued as long as hemodynamic factors continue to improve (BPS).
2. We recommend crystalloids as the fluid of choice for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock (strong recommendation, moderate quality of evidence).

Special Article

### Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD (Res) (Co-chair)<sup>1</sup>; Laura E. Evans, MD, MSc, FCCM (Co-chair)<sup>2</sup>; Waleed Alhazzani, MD, MSc, FRCPC (methodology chair)<sup>3</sup>; Mitchell M. Levy, MD, MCCM<sup>4</sup>; Massimo Antonelli, MD<sup>5</sup>; Ricard Ferrer, MD, PhD<sup>6</sup>; Anand Kumar, MD, FCCM<sup>7</sup>; Jonathan E. Sevransky, MD, FCCM<sup>8</sup>; Charles L. Sprung, MD, JD, MCCM<sup>9</sup>; Mark E. Nunnally, MD, FCCM<sup>10</sup>; Bram Rochwerg, MD, MSc (Epi)<sup>11</sup>; Gordon D. Rubenfeld, MD (conflict of interest chair)<sup>12</sup>; Derek C. Angus, MD, MPH, MCCM<sup>13</sup>; Djillali Annane, MD<sup>14</sup>; Richard J. Beale, MD, MB BS<sup>15</sup>; Geoffrey J. Bellinghan, MRCP<sup>16</sup>; Gordon R. Bernard, MD<sup>17</sup>; Jean-Daniel Chiche, MD<sup>18</sup>; Craig Coopersmith, MD, FACS, FCCM<sup>19</sup>; Daniel P. De Backer, MD, PhD<sup>20</sup>; Craig J. French, MB BS<sup>21</sup>; Seitaro Fujishima, MD<sup>22</sup>; Herwig Gerlach, MBA, MD, PhD<sup>23</sup>; Jorge Luis Hidalgo, MD, MACP, MCCM<sup>24</sup>; Steven M. Hollenberg, MD, FCCM<sup>25</sup>; Alan E. Jones, MD<sup>26</sup>; Dilip R. Karnad, MD, FACP<sup>27</sup>; Ruth M. Kleinpell, PhD, RN-CS, FCCM<sup>28</sup>; Younsuck Koh, MD, PhD, FCCM<sup>29</sup>; Thiago Costa Lisboa, MD<sup>30</sup>; Flavia R. Machado, MD, PhD<sup>31</sup>; John J. Marini, MD<sup>32</sup>; John C. Marshall, MD, FRCSC<sup>33</sup>; John E. Mazuski, MD, PhD, FCCM<sup>34</sup>; Lauralyn A. McIntyre, MD, MSc, FRCPC<sup>35</sup>; Anthony S. McLean, MB ChB, MD, FRACP, FFCM<sup>36</sup>; Sangeeta Mehta, MD<sup>37</sup>; Rui P. Moreno, MD, PhD<sup>38</sup>; John Myburgh, MB ChB, MD, PhD, FANZCA, FCICM, FAICD<sup>39</sup>; Paolo Navalesi, MD<sup>40</sup>; Osamu Nishida, MD, PhD<sup>41</sup>; Tiffany M. Osborn, MD, MPH, FCCM<sup>42</sup>; Anders Permer, MD<sup>43</sup>; Colleen M. Plunkett<sup>44</sup>; Marco Ranieri, MD<sup>45</sup>; Christa A. Schorr, MSN, RN, FCCM<sup>46</sup>; Maureen A. Seckel, CCRN, CNS, MSN, FCCM<sup>47</sup>; Christopher W. Seymour, MD<sup>48</sup>; Lisa Shieh, MD, PhD<sup>49</sup>; Khalid A. Shukri, MD<sup>50</sup>; Steven Q. Simpson, MD<sup>51</sup>; Mervyn Singer, MD<sup>52</sup>; B. Taylor Thompson, MD<sup>53</sup>; Sean R. Townsend, MD<sup>54</sup>; Thomas Van der Poll, MD<sup>55</sup>; Jean-Louis Vincent, MD, PhD, FCCM<sup>56</sup>; W. Joost Wiersinga, MD, PhD<sup>57</sup>; Janice L. Zimmerman, MD, MACP, MCCM<sup>58</sup>; R. Phillip Dellinger, MD, MCCM<sup>59</sup>

<sup>1</sup>See also p. 553.

<sup>2</sup>St. George's Hospital London, England, United Kingdom.

<sup>3</sup>New York University School of Medicine New York, NY.

<sup>4</sup>McMaster University Hamilton, Ontario, Canada.

<sup>5</sup>Drexel University School of Medicine Providence, PA.

<sup>6</sup>Istituto di Anestesiologia e Rianimazione, Università Cattolica del Sacro

Cuore, Rome, Italy.

<sup>7</sup>Wall of Hibern University Hospital Barcelona, Spain.

<sup>8</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the

European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002256

<sup>9</sup>Emory University Hospital Atlanta, GA.

<sup>10</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>11</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>12</sup>University of Pittsburgh Critical Care Medicine CIRISMA Laboratory

Pittsburgh, PA.

<sup>13</sup>Hospital Raymond Poincaré Garches, France.

<sup>14</sup>Saint Thomas Hospital London, England, United Kingdom.

<sup>15</sup>University College London Hospitals London, England, United Kingdom.

<sup>16</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>17</sup>Service de Réanimation Médicale Paris, France.

<sup>18</sup>CHIREC Hospital Braine l'Alleud, Belgium.

<sup>19</sup>Western Hospital Victoria, Australia.

# Инфузия при сепсисе

## F. FLUID THERAPY

1. We recommend that a fluid challenge technique be applied where fluid administration is continued as long as hemodynamic factors continue to improve (BPS).
2. We recommend crystalloids as the fluid of choice for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock (strong recommendation, moderate quality of evidence).
3. We suggest using either balanced crystalloids or saline for fluid resuscitation of patients with sepsis or septic shock (weak recommendation, low quality of evidence).

Special Article

### Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD (Res) (Co-chair); Laura E. Evans, MD, MSc, FCCM (Co-chair);  
Waleed Alhazzani, MD, MSc, FRCPC (methodology chair); Mitchell M. Levy, MD, MCCM;  
Massimo Antonelli, MD; Ricard Ferrer, MD, PhD; Anand Kumar, MD, FCCM;  
Jonathan E. Sevransky, MD, FCCM; Charles L. Sprung, MD, JD, MCCM; Mark E. Nunnally, MD, FCCM;  
Bram Rochwerg, MD, MSc (Epi); Gordon D. Rubenfeld, MD (conflict of interest chair);  
Derek C. Angus, MD, MPH, MCCM; Djillali Annane, MD; Richard J. Beale, MD, MB BS;  
Geoffrey J. Bellinghan, MRCP; Gordon R. Bernard, MD; Jean-Daniel Chiche, MD;  
Craig Coopersmith, MD, FACS, FCCM; Daniel P. De Backer, MD, PhD; Craig J. French, MB BS;  
Seitaro Fujishima, MD; Herwig Gerlach, MBA, MD, PhD; Jorge Luis Hidalgo, MD, MACP, MCCM;  
Steven M. Hollenberg, MD, FCCM; Alan E. Jones, MD; Dilip R. Karnad, MD, FACP;  
Ruth M. Kleinpell, PhD, RN-CS, FCCM; Younsuck Koh, MD, PhD, FCCM; Thiago Costa Lisboa, MD;  
Flavia R. Machado, MD, PhD; John J. Marini, MD; John C. Marshall, MD, FRCSC;  
John E. Mazuski, MD, PhD, FCCM; Lauralyn A. McIntyre, MD, MSc, FRCPC;  
Anthony S. McLean, MB ChB, MD, FRACP, FJFICM; Sangeeta Mehta, MD; Rui P. Moreno, MD, PhD;  
John Myburgh, MB ChB, MD, PhD, FANZCA, FJFICM, FAICD; Paolo Navalesi, MD;  
Osamu Nishida, MD, PhD; Tiffany M. Osborn, MD, MPH, FCCM; Anders Permer, MD;  
Colleen M. Plunkett; Marco Ranieri, MD; Christa A. Schorr, MSN, RN, FCCM;  
Maureen A. Seckel, CCRN, CNS, MSN, FCCM; Christopher W. Seymour, MD; Lisa Shieh, MD, PhD;  
Khalid A. Shukri, MD; Steven Q. Simpson, MD; Mervyn Singer, MD; B. Taylor Thompson, MD;  
Sean R. Townsend, MD; Thomas Van der Poll, MD; Jean-Louis Vincent, MD, PhD, FCCM;  
W. Joost Wiersinga, MD, PhD; Janice L. Zimmerman, MD, MACP, MCCM;  
R. Phillip Dellinger, MD, MCCM

\*See also p. 553.

<sup>1</sup>St. George's Hospital London, England, United Kingdom.

<sup>2</sup>New York University School of Medicine New York, NY.

<sup>3</sup>McMaster University Hamilton, Ontario, Canada.

<sup>4</sup>Drexel University School of Medicine Providence, PA.

<sup>5</sup>Istituto di Anestesiologia e Rianimazione, Università Cattolica del Sacro

Cuore, Rome, Italy.

<sup>6</sup>Wall of Hibern University Hospital Barcelona, Spain.

<sup>7</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the

European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002256

<sup>8</sup>Emory University Hospital Atlanta, GA.

<sup>9</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>10</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>11</sup>University of Pittsburgh Critical Care Medicine CRISMA Laboratory

Pittsburgh, PA.

<sup>12</sup>Hospital Raymond Poincaré Garches, France.

<sup>13</sup>Saint Thomas Hospital London, England, United Kingdom.

<sup>14</sup>University College London Hospitals London, England, United Kingdom.

<sup>15</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>16</sup>Service de Réanimation Médicale Paris, France.

<sup>17</sup>CHIREC Hopital Braine l'Alleud, Belgium.

<sup>18</sup>Western Hospital Victoria, Australia.

# Инфузия при сепсисе

## F. FLUID THERAPY

1. We recommend that a fluid challenge technique be applied where fluid administration is continued as long as hemodynamic factors continue to improve (BPS).
2. We recommend crystalloids as the fluid of choice for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock (strong recommendation, moderate quality of evidence).
3. We suggest using either balanced crystalloids or saline for fluid resuscitation of patients with sepsis or septic shock (weak recommendation, low quality of evidence).
4. We suggest using albumin in addition to crystalloids for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock when patients require substantial amounts of crystalloids (weak recommendation, low quality of evidence).

Special Article

### Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD (Res) (Co-chair); Laura E. Evans, MD, MSc, FCCM (Co-chair)<sup>1</sup>; Waleed Alhazzani, MD, MSc, FRCPC (methodology chair); Mitchell M. Levy, MD, MCCM<sup>2</sup>; Massimo Antonelli, MD<sup>3</sup>; Ricard Ferrer, MD, PhD<sup>4</sup>; Anand Kumar, MD, FCCM<sup>5</sup>; Jonathan E. Sevransky, MD, FCCM<sup>6</sup>; Charles L. Sprung, MD, JD, MCCM<sup>7</sup>; Mark E. Nunnally, MD, FCCM<sup>8</sup>; Bram Rochwerg, MD, MSc (Epi)<sup>9</sup>; Gordon D. Rubenfeld, MD (conflict of interest chair)<sup>10</sup>; Derek C. Angus, MD, MPH, MCCM<sup>11</sup>; Djillali Annane, MD<sup>12</sup>; Richard J. Beale, MD, MB BS<sup>13</sup>; Geoffrey J. Bellinghan, MRCP<sup>14</sup>; Gordon R. Bernard, MD<sup>15</sup>; Jean-Daniel Chiche, MD<sup>16</sup>; Craig Coopersmith, MD, FACS, FCCM<sup>17</sup>; Daniel P. De Backer, MD, PhD<sup>18</sup>; Craig J. French, MB BS<sup>19</sup>; Seitaro Fujishima, MD<sup>20</sup>; Herwig Gerlach, MBA, MD, PhD<sup>21</sup>; Jorge Luis Hidalgo, MD, MACP, MCCM<sup>22</sup>; Steven M. Hollenberg, MD, FCCM<sup>23</sup>; Alan E. Jones, MD<sup>24</sup>; Dilip R. Karnad, MD, FACP<sup>25</sup>; Ruth M. Kleinpell, PhD, RN-CS, FCCM<sup>26</sup>; Younsuck Koh, MD, PhD, FCCM<sup>27</sup>; Thiago Costa Lisboa, MD<sup>28</sup>; Flavia R. Machado, MD, PhD<sup>29</sup>; John J. Marini, MD<sup>30</sup>; John C. Marshall, MD, FRCS<sup>31</sup>; John E. Mazuski, MD, PhD, FCCM<sup>32</sup>; Lauralyn A. McIntyre, MD, MSc, FRCPC<sup>33</sup>; Anthony S. McLean, MB ChB, MD, FRACP, FJFICM<sup>34</sup>; Sangeeta Mehta, MD<sup>35</sup>; Rui P. Moreno, MD, PhD<sup>36</sup>; John Myburgh, MB ChB, MD, PhD, FANZCA, FCIAM, FAICD<sup>37</sup>; Paolo Navale, MD<sup>38</sup>; Osamu Nishida, MD, PhD<sup>39</sup>; Tiffany M. Osborn, MD, MPH, FCCM<sup>40</sup>; Anders Permer, MD<sup>41</sup>; Colleen M. Plunkett<sup>42</sup>; Marco Ranieri, MD<sup>43</sup>; Christa A. Schorr, MSN, RN, FCCM<sup>44</sup>; Maureen A. Seckel, CCRN, CNS, MSN, FCCM<sup>45</sup>; Christopher W. Seymour, MD<sup>46</sup>; Lisa Shieh, MD, PhD<sup>47</sup>; Khalid A. Shukri, MD<sup>48</sup>; Steven Q. Simpson, MD<sup>49</sup>; Mervyn Singer, MD<sup>50</sup>; B. Taylor Thompson, MD<sup>51</sup>; Sean R. Townsend, MD<sup>52</sup>; Thomas Van der Poll, MD<sup>53</sup>; Jean-Louis Vincent, MD, PhD, FCCM<sup>54</sup>; W. Joost Wiersinga, MD, PhD<sup>55</sup>; Janice L. Zimmerman, MD, MACP, MCCM<sup>56</sup>; R. Phillip Dellinger, MD, MCCM<sup>57</sup>

<sup>1</sup>See also p. 553.

<sup>2</sup>St. George's Hospital London, England, United Kingdom.

<sup>3</sup>New York University School of Medicine New York, NY.

<sup>4</sup>McMaster University Hamilton, Ontario, Canada.

<sup>5</sup>Drexel University School of Medicine Philadelphia, PA.

<sup>6</sup>Instituto di Anestesiologia e Rianimazione, Università Cattolica del Sacro

Cuore, Rome, Italy.

<sup>7</sup>Wald of Hibern University Hospital Barcelona, Spain.

<sup>8</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the

European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002250

www.ccmjournal.org

486

<sup>9</sup>Emory University Hospital Atlanta, GA.

<sup>10</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>11</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>12</sup>University of Pittsburgh Critical Care Medicine CRISMA Laboratory

Pittsburgh, PA.

<sup>13</sup>Hospital Raymond Poincaré Garches, France.

<sup>14</sup>Saint Thomas Hospital London, England, United Kingdom.

<sup>15</sup>University College London Hospitals London, England, United Kingdom.

<sup>16</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>17</sup>Service de Réanimation Médicale Paris, France.

<sup>18</sup>CHIREC Hospitals Braine l'Alleud, Belgium.

<sup>19</sup>Western Hospital Victoria, Australia.

March 2017 • Volume 45 • Number 3

# Инфузия при сепсисе

## F. FLUID THERAPY

1. We recommend that a fluid challenge technique be applied where fluid administration is continued as long as hemodynamic factors continue to improve (BPS).
2. We recommend crystalloids as the fluid of choice for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock (strong recommendation, moderate quality of evidence).
3. We suggest using either balanced crystalloids or saline for fluid resuscitation of patients with sepsis or septic shock (weak recommendation, low quality of evidence).
4. We suggest using albumin in addition to crystalloids for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock when patients require substantial amounts of crystalloids (weak recommendation, low quality of evidence).
5. We recommend against using hydroxyethyl starches (HESs) for intravascular volume replacement in patients with sepsis or septic shock (strong recommendation, high quality of evidence).

Special Article

### Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD (Res) (Co-chair); Laura E. Evans, MD, MSc, FCCM (Co-chair);  
Waleed Alhazzani, MD, MSc, FRCPC (methodology chair); Mitchell M. Levy, MD, MCCM;  
Massimo Antonelli, MD; Ricard Ferrer, MD, PhD; Anand Kumar, MD, FCCM;  
Jonathan E. Sevransky, MD, FCCM; Charles L. Sprung, MD, JD, MCCM; Mark E. Nunnally, MD, FCCM;  
Bram Rochwerg, MD, MSc (Epi); Gordon D. Rubenfeld, MD (conflict of interest chair);  
Derek C. Angus, MD, MPH, MCCM; Djillali Annane, MD; Richard J. Beale, MD, MB BS;  
Geoffrey J. Bellinghan, MRCP; Gordon R. Bernard, MD; Jean-Daniel Chiche, MD;  
Craig Cooper-Smith, MD, FACS, FCCM; Daniel P. De Backer, MD, PhD; Craig J. French, MB BS;  
Seitaro Fujishima, MD; Herwig Gerlach, MBA, MD, PhD; Jorge Luis Hidalgo, MD, MACP, MCCM;  
Steven M. Hollenberg, MD, FCCM; Alan E. Jones, MD; Dilip R. Karnad, MD, FACP;  
Ruth M. Kleinpell, PhD, RN-CS, FCCM; Younsuck Koh, MD, PhD, FCCM; Thiago Costa Lisboa, MD;  
Flavia R. Machado, MD, PhD; John J. Marini, MD; John C. Marshall, MD, FRCSC;  
John E. Mazuski, MD, PhD, FCCM; Lauralyn A. McIntyre, MD, MSc, FRCPC;  
Anthony S. McLean, MB ChB, MD, FRAC, FRCM; Sangeeta Mehta, MD; Rui P. Moreno, MD, PhD;  
John Myburgh, MB ChB, MD, PhD, FANZCA, FRCM, FAICD; Paolo Navales, MD;  
Osamu Nishida, MD, PhD; Tiffany M. Osborn, MD, MPH, FCCM; Anders Permer, MD;  
Colleen M. Plunkett; Marco Ranieri, MD; Christa A. Schorr, MSN, RN, FCCM;  
Maureen A. Seckel, CCRN, CNS, MSN, FCCM; Christopher W. Seymour, MD; Lisa Shieh, MD, PhD;  
Khalid A. Shukri, MD; Steven Q. Simpson, MD; Mervyn Singer, MD; B. Taylor Thompson, MD;  
Sean R. Townsend, MD; Thomas Van der Poll, MD; Jean-Louis Vincent, MD, PhD, FCCM;  
W. Joost Wiersinga, MD, PhD; Janice L. Zimmerman, MD, MACP, MCCM;  
R. Phillip Dellinger, MD, MCCM

\*See also p. 553.

<sup>1</sup>St. George's Hospital London, England, United Kingdom.

<sup>2</sup>New York University School of Medicine New York, NY.

<sup>3</sup>McMaster University Hamilton, Ontario, Canada.

<sup>4</sup>Drexel University School of Medicine Philadelphia, PA.

<sup>5</sup>Università di Anestesiologia e Rianimazione, Università Cattolica del Sacro

Cuore, Rome, Italy.

<sup>6</sup>Val d'Hebron University Hospital Barcelona, Spain.

<sup>7</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the

European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002250

<sup>8</sup>Emory University Hospital Atlanta, GA.

<sup>9</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>10</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>11</sup>University of Pittsburgh Critical Care Medicine CRISMA Laboratory

Pittsburgh, PA.

<sup>12</sup>Hopital Raymond Poincaré Garches, France.

<sup>13</sup>St. Thomas Hospital London, England, United Kingdom.

<sup>14</sup>University College London Hospitals London, England, United Kingdom.

<sup>15</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>16</sup>Service de Réanimation Médicale Paris, France.

<sup>17</sup>CHIREC Hospitals Braine L'Alleud, Belgium.

<sup>18</sup>Western Hospital Victoria, Australia.

# Инфузия при сепсисе

## F. FLUID THERAPY

1. We recommend that a fluid challenge technique be applied where fluid administration is continued as long as hemodynamic factors continue to improve (BPS).
2. We recommend crystalloids as the fluid of choice for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock (strong recommendation, moderate quality of evidence).
3. We suggest using either balanced crystalloids or saline for fluid resuscitation of patients with sepsis or septic shock (weak recommendation, low quality of evidence).
4. We suggest using albumin in addition to crystalloids for initial resuscitation and subsequent intravascular volume replacement in patients with sepsis and septic shock when patients require substantial amounts of crystalloids (weak recommendation, low quality of evidence).
5. We recommend against using hydroxyethyl starches (HESs) for intravascular volume replacement in patients with sepsis or septic shock (strong recommendation, high quality of evidence).
6. We suggest using crystalloids over gelatins when resuscitating patients with sepsis or septic shock (weak recommendation, low quality of evidence).

Special Article

### Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016

Andrew Rhodes, MB BS, MD (Res) (Co-chair); Laura E. Evans, MD, MSc, FCCM (Co-chair);  
Waleed Alhazzani, MD, MSc, FRCPC (methodology chair); Mitchell M. Levy, MD, MCCM;  
Massimo Antonelli, MD; Ricard Ferrer, MD, PhD; Anand Kumar, MD, FCCM;  
Jonathan E. Sevransky, MD, FCCM; Charles L. Sprung, MD, JD, MCCM; Mark E. Nunnally, MD, FCCM;  
Bram Rochwerg, MD, MSc (Epi); Gordon D. Rubenfeld, MD (conflict of interest chair);  
Derek C. Angus, MD, MPH, MCCM; Djillali Annane, MD; Richard J. Beale, MD, MB BS;  
Geoffrey J. Bellinghan, MRCP; Gordon R. Bernard, MD; Jean-Daniel Chiche, MD;  
Craig Coopersmith, MD, FACS, FCCM; Daniel P. De Backer, MD, PhD; Craig J. French, MB BS;  
Seitaro Fujishima, MD; Herwig Gerlach, MBA, MD, PhD; Jorge Luis Hidalgo, MD, MACP, MCCM;  
Steven M. Hollenberg, MD, FCCM; Alan E. Jones, MD; Dilip R. Karnad, MD, FACP;  
Ruth M. Kleinpell, PhD, RN-CS, FCCM; Younsuck Koh, MD, PhD, FCCM; Thiago Costa Lisboa, MD;  
Flavia R. Machado, MD, PhD; John J. Marini, MD; John C. Marshall, MD, FRCSC;  
John E. Mazuski, MD, PhD, FCCM; Lauralyn A. McIntyre, MD, MSc, FRCPC;  
Anthony S. McLean, MB ChB, MD, FRAC, FJFICM; Sangeeta Mehta, MD; Rui P. Moreno, MD, PhD;  
John Myburgh, MB ChB, MD, PhD, FANZCA, FJFICM, FAICD; Paolo Navalesi, MD;  
Osamu Nishida, MD, PhD; Tiffany M. Osborn, MD, MPH, FCCM; Anders Permer, MD;  
Colleen M. Plunkett; Marco Ranieri, MD; Christa A. Schorr, MSN, RN, FCCM;  
Maurteen A. Seckel, CCRN, CNS, MSN, FCCM; Christophery W. Seymour, MD; Lisa Shieh, MD, PhD;  
Khalid A. Shukri, MD; Steven Q. Simpson, MD; Mervyn Singer, MD; B. Taylor Thompson, MD;  
Sean R. Townsend, MD; Thomas Van der Poll, MD; Jean-Louis Vincent, MD, PhD, FCCM;  
W. Joost Wiersinga, MD, PhD; Janice L. Zimmerman, MD, MACP, MCCM;  
R. Phillip Dellinger, MD, MCCM

\*See also p. 553.

<sup>1</sup>St. George's Hospital London, England, United Kingdom.

<sup>2</sup>New York University School of Medicine New York, NY.

<sup>3</sup>McMaster University Hamilton, Ontario, Canada.

<sup>4</sup>Drexel University School of Medicine Philadelphia, PA.

<sup>5</sup>Instituto di Anestesiologia e Rianimazione, Università Cattolica del Sacro

Cuore, Rome, Italy.

<sup>6</sup>Wald of Hibern University Hospital Barcelona, Spain.

<sup>7</sup>University of Manitoba Winnipeg, Manitoba, Canada.

Copyright © 2017 by the Society of Critical Care Medicine and the

European Society of Intensive Care Medicine

DOI: 10.1097/CCM.0000000000002256

486 www.ccmjournal.org

<sup>8</sup>Emory University Hospital Atlanta, GA.

<sup>9</sup>Hadassah Hebrew University Medical Center Jerusalem, Israel.

<sup>10</sup>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada.

<sup>11</sup>University of Pittsburgh Critical Care Medicine CRISMA Laboratory

Pittsburgh, PA.

<sup>12</sup>Hospital Raymond Poincaré Garches, France.

<sup>13</sup>Saint Thomas Hospital London, England, United Kingdom.

<sup>14</sup>University College London Hospitals London, England, United Kingdom.

<sup>15</sup>Vanderbilt University Medical Center Nashville, TN.

<sup>16</sup>Service de Réanimation Médicale Paris, France.

<sup>17</sup>CHIREC Hospitals Braine L'Alleud, Belgium.

<sup>18</sup>Western Hospital Victoria, Australia.

March 2017 • Volume 45 • Number 3

# Особенности инфузионной терапии при критических состояниях

- Сепсис
- Кровопотеря



# Нормативные документы

Приказ Минздрава РФ от 25 ноября 2002 г. **№ 363**  
«Об утверждении Инструкции по применению компонентов  
крови»

# Нормативные документы

Приказ Минздрава РФ от 25 ноября 2002 г. **№ 363**  
«Об утверждении Инструкции по применению компонентов  
крови»

МИНИСТЕРСТВО ЗДРАВООХРАНЕНИЯ РОССИЙСКОЙ ФЕДЕРАЦИИ  
ПРИКАЗ  
от 2 апреля 2013 г. **№ 183н**  
ОБ УТВЕРЖДЕНИИ ПРАВИЛ  
КЛИНИЧЕСКОГО ИСПОЛЬЗОВАНИЯ ДОНОРСКОЙ КРОВИ  
И (ИЛИ) ЕЕ КОМПОНЕНТОВ

# VII. Правила переливания консервированной донорской крови и эритроцитсодержащих компонентов

30. Медицинским показанием к трансфузии (переливанию) донорской крови и эритроцитсодержащих компонентов **при острой анемии** вследствие массивной кровопотери является потеря 25 - 30% объема циркулирующей крови, сопровождающаяся снижением уровня гемоглобина ниже 70 - 80 г/л и гематокрита ниже 25% и возникновением циркуляторных нарушений.

# СЗП

При острой массивной кровопотере (более 30% ОЦК, для взрослых - более 1500 мл), сопровождающейся развитием острого ДВС-синдрома, количество переливаемой СЗП должно составлять не менее 25 - 30% всего объема переливаемой крови и (или) ее компонентов, назначаемых для восполнения кровопотери (не менее 800 - 1000 мл).

# **Лечение тяжелых периоперационных кровотечений**

Рекомендации Европейского Общества  
Анестезиологов

# Лечение тяжелых периоперационных кровотечений

Рекомендации Европейского Общества  
Анестезиологов

**EJA**

*Eur J Anaesthesiol* 2017; **34**:332–395

**GUIDELINES**

## **Management of severe perioperative bleeding: guidelines from the European Society of Anaesthesiology**

*First update 2016*

Sibylle A. Kozek-Langenecker, Aamer B. Ahmed, Arash Afshari, Pierre Albaladejo, Cesar Aldecoa, Guidrius Barauskas, Edoardo De Robertis, David Faraoni, Daniela C. Filipescu, Dietmar Fries, Thorsten Haas, Matthias Jacob, Marcus D. Lancé, Juan V.L. Pitarch, Susan Mallett, Jens Meier, Zsolt L. Molnar, Niels Rahe-Meyer, Charles M. Samama, Jakob Stensballe, Philippe J.F. Van der Linden, Anne J. Wikkelsø, Patrick Wouters, Piet Wyffels and Kai Zacharowski

СЗП – по показаниям

We recommend against indiscriminate use of plasma transfusion in perioperative bleeding management. 1C

# Избегать гиперволемии

При инфузии кристаллоидов/коллоидов во избежание отека интерстиция и чрезмерной преднагрузки следует избегать гиперволемии

1В



# Периоперационная инфузия: где граница между недостаточным и чрезмерным?

Journal of Clinical Anesthesia (2016) 35, 384–391



ELSEVIER

Journal of  
Clinical  
Anesthesia

## Perioperative fluid therapy: defining a clinical algorithm between insufficient and excessive<sup>☆</sup>



Mike S. Strunden MD, DESA<sup>\*</sup>, Sascha Tank MD<sup>1</sup>, Thoralf Kerner MD, PhD<sup>1</sup>

*Department for Anesthesiology, Intensive Care Medicine, Emergency Medicine, Pain Therapy, Asklepios Klinikum Harburg (Asklepios Medical Centre Harburg), Eißendorfer Pferdeweg 52, 21075, Hamburg, Germany*

Received 19 October 2015; accepted 9 August 2016

### Keywords:

Colloids;  
Crystalloids;  
Fluid therapy;  
Perioperative

**Abstract** In the perioperative scenario, adequate fluid and volume therapy is a challenging task. Despite improved knowledge on the physiology of the vascular barrier function and its respective pathophysiologic disturbances during the perioperative process, clear-cut therapeutic principles are difficult to implement. Neglecting the physiologic basis of the vascular barrier and the cardiovascular system, numerous studies proclaiming different approaches to fluid and volume therapy do not provide a rationale, as various surgical and patient risk groups, and different fluid regimens combined with varying hemodynamic measures and variable algorithms led to conflicting results. This review refers to the physiologic basis and answers questions inseparably conjoined to a rational approach to perioperative fluid and volume therapy: Why does fluid get lost from the vasculature perioperatively? Where to does it get lost? Based on current findings and rationale considerations, which fluid replacement algorithm could be implemented into clinical routine?

© 2016 Elsevier Inc. All rights reserved.

**Алгоритм стабилизации гемодинамики  
при  
гиповолемии**



**Снижение исходного АД >20%  
или среднее АД < 60 mmHg**



Снижение исходного АД >20%  
или среднее АД < 60 mmHg

**нет**



Снижение исходного АД >20%  
или среднее АД < 60 mmHg

**нет**



**Терапия  
не  
требуется**



Снижение исходного АД >20%  
или среднее АД < 60 mmHg

да

нет



Терапия  
не  
требуется

\* SVV- вариабельность ударного объема



Снижение исходного АД >20%  
или среднее АД < 60 mmHg

Да  
↓

Кровопотеря или  
перераспределение жидкости  
при операции?  
SVV > 15%?

Нет



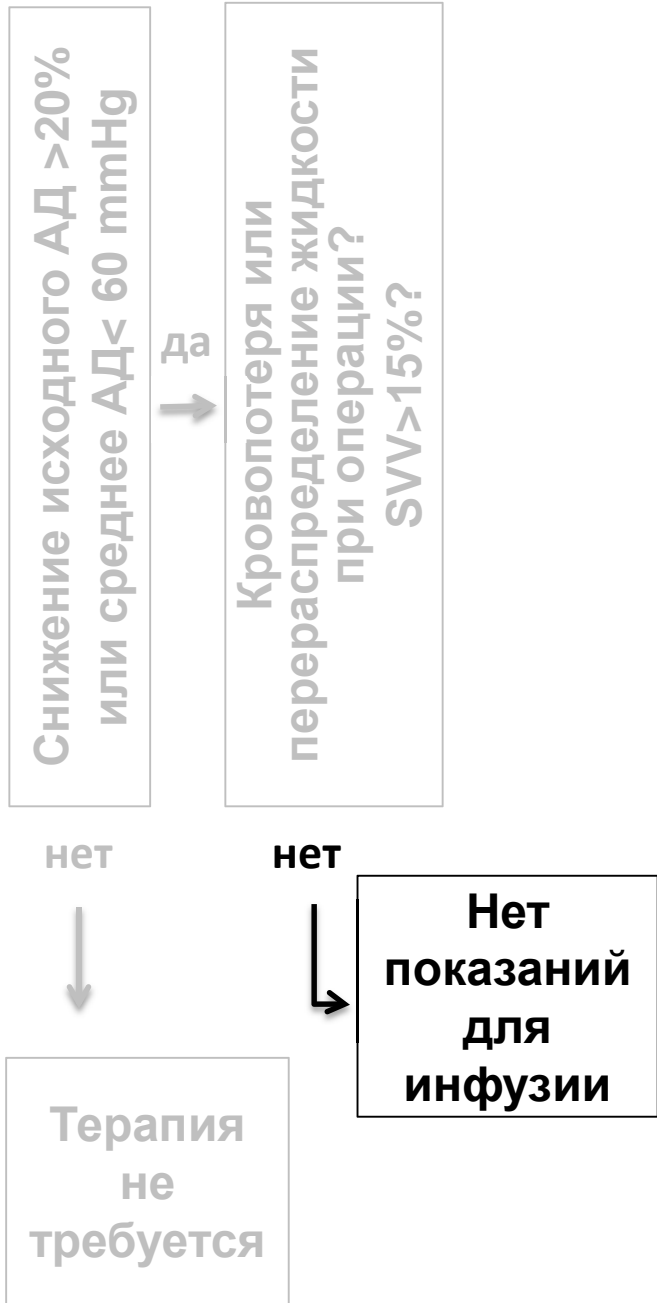
Терапия  
не  
требуется

\* SVV- вариабельность ударного объема

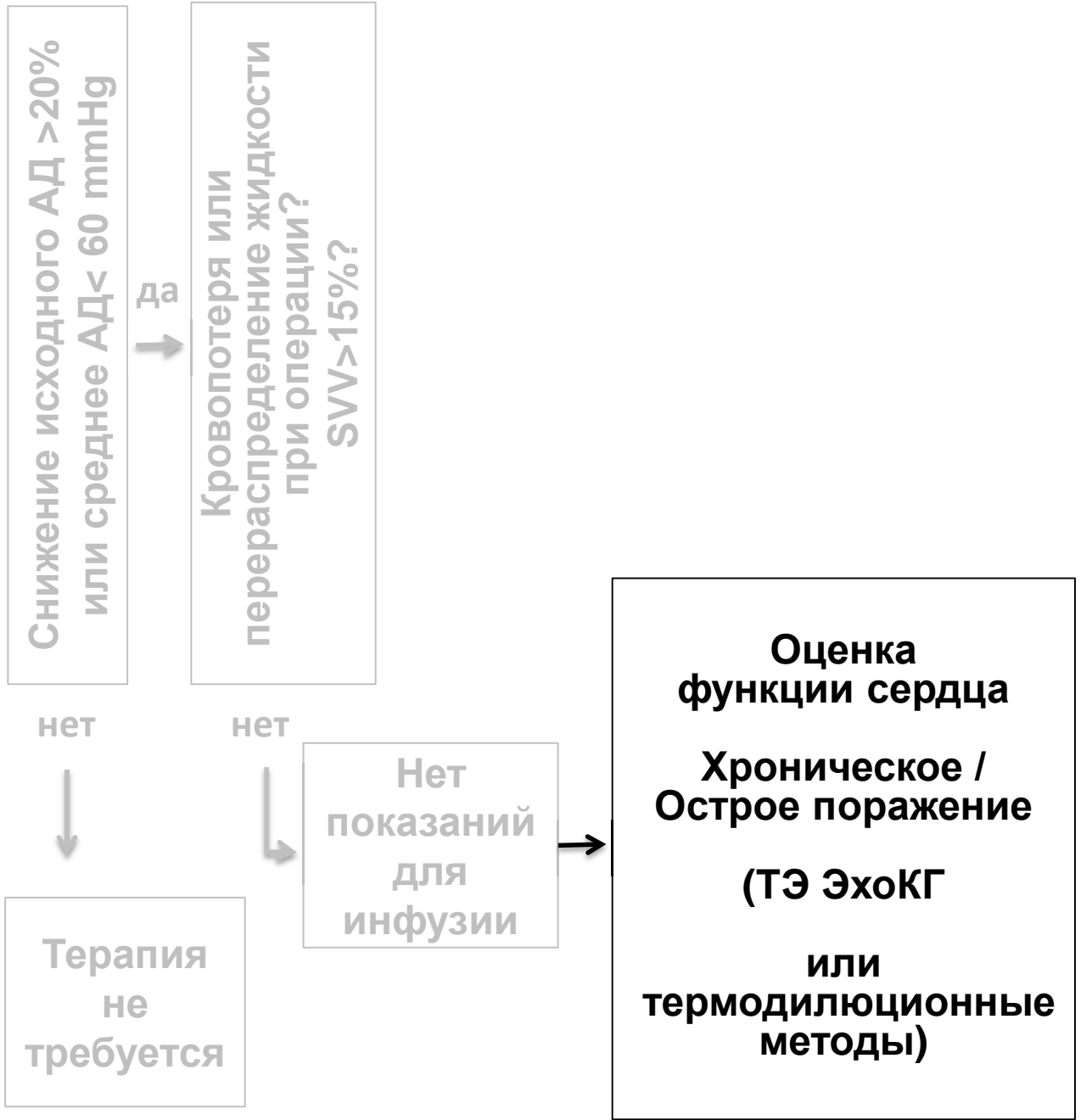


\* SVV- вариабельность ударного объема

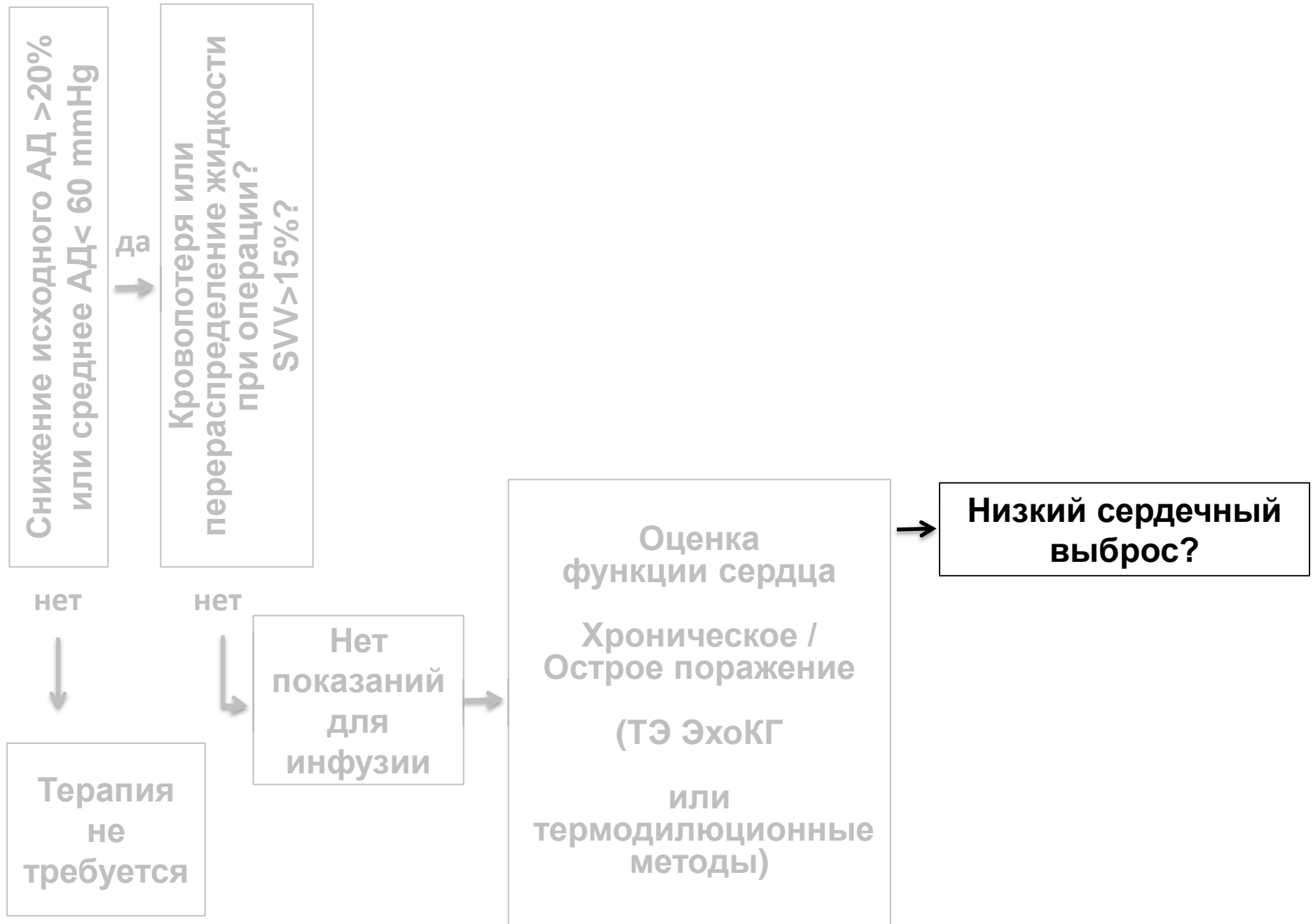




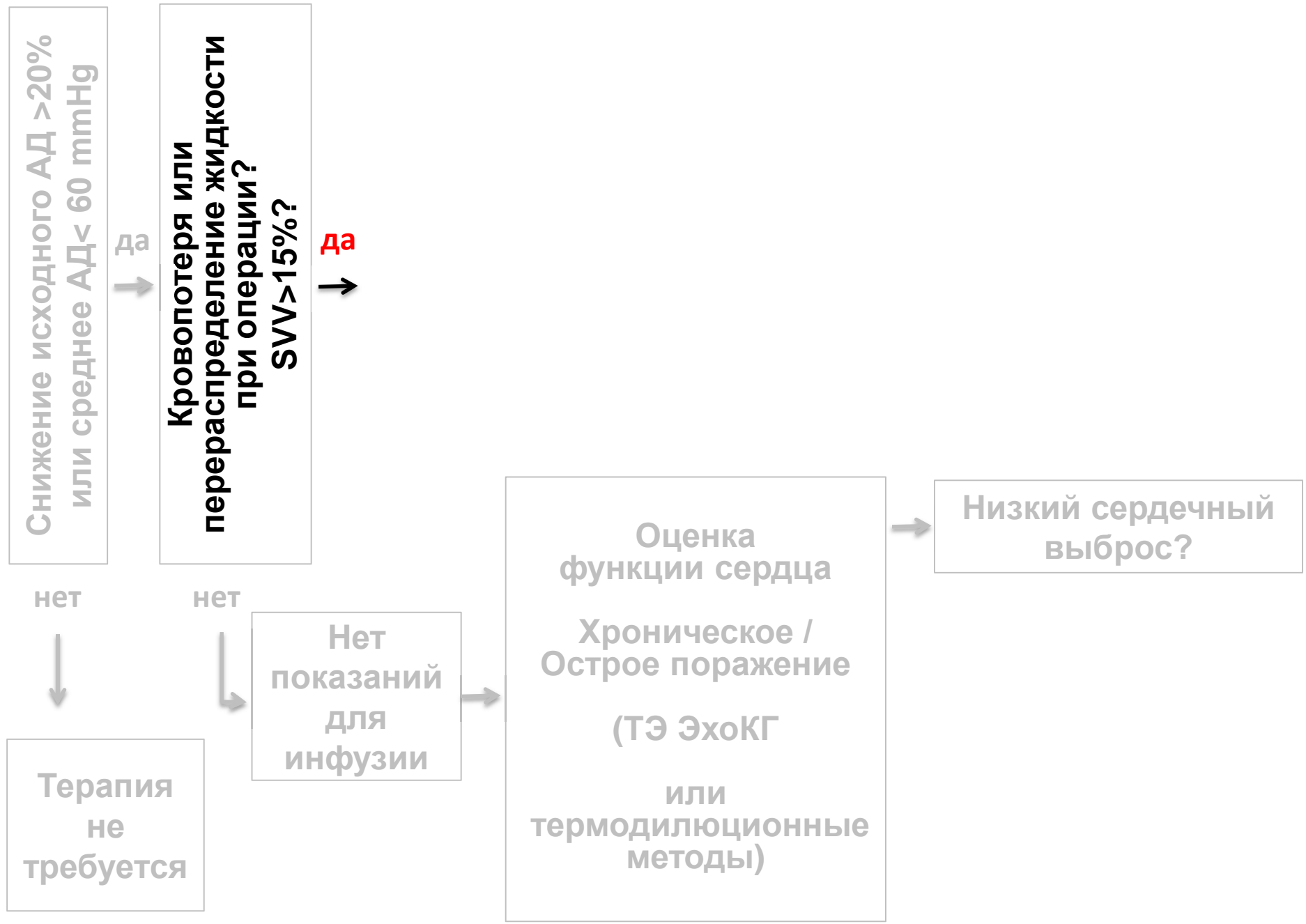
\* SVV- вариабельность ударного объема



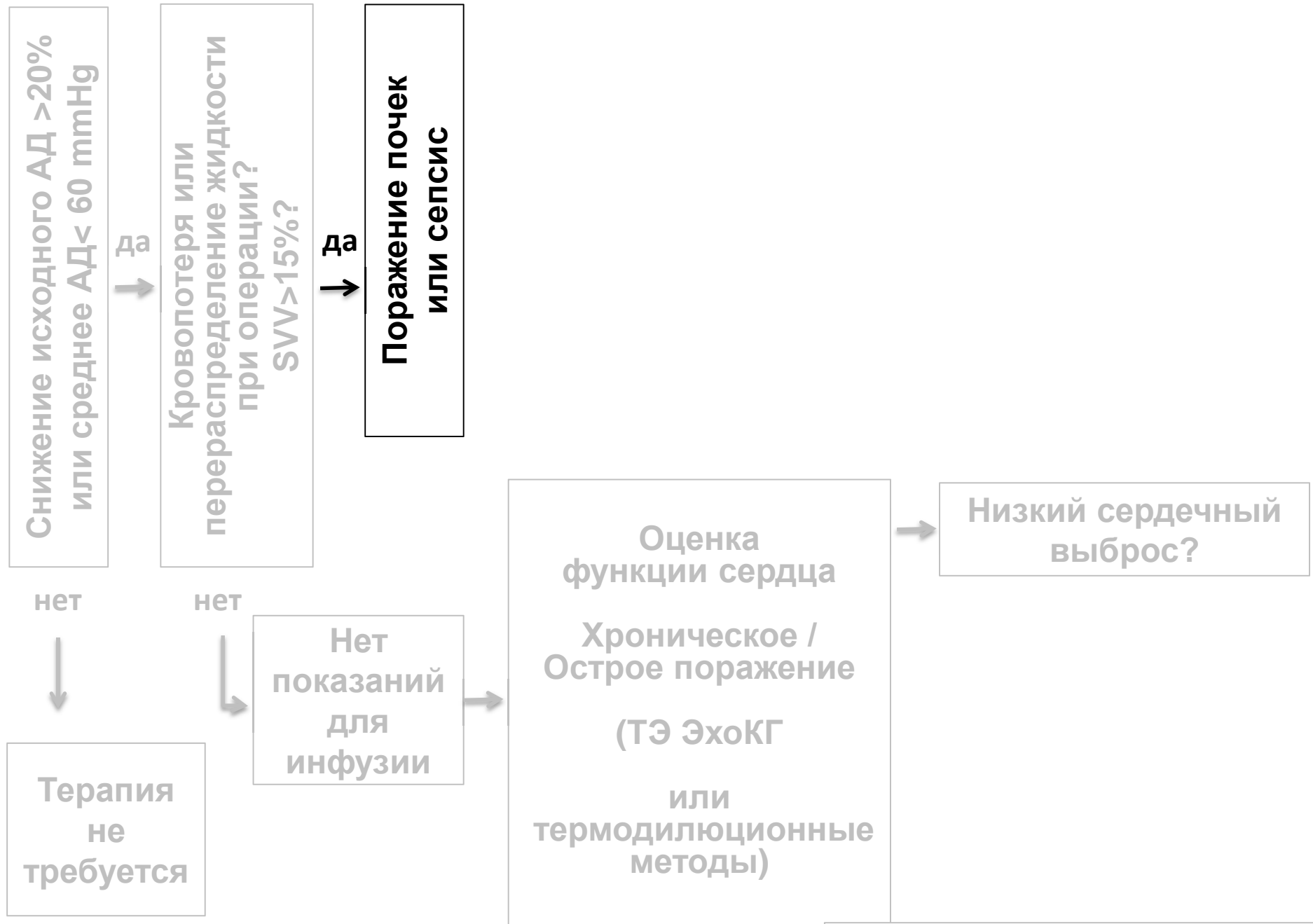
\* SVV- вариабельность ударного объема



\* SVV- вариабельность ударного объема



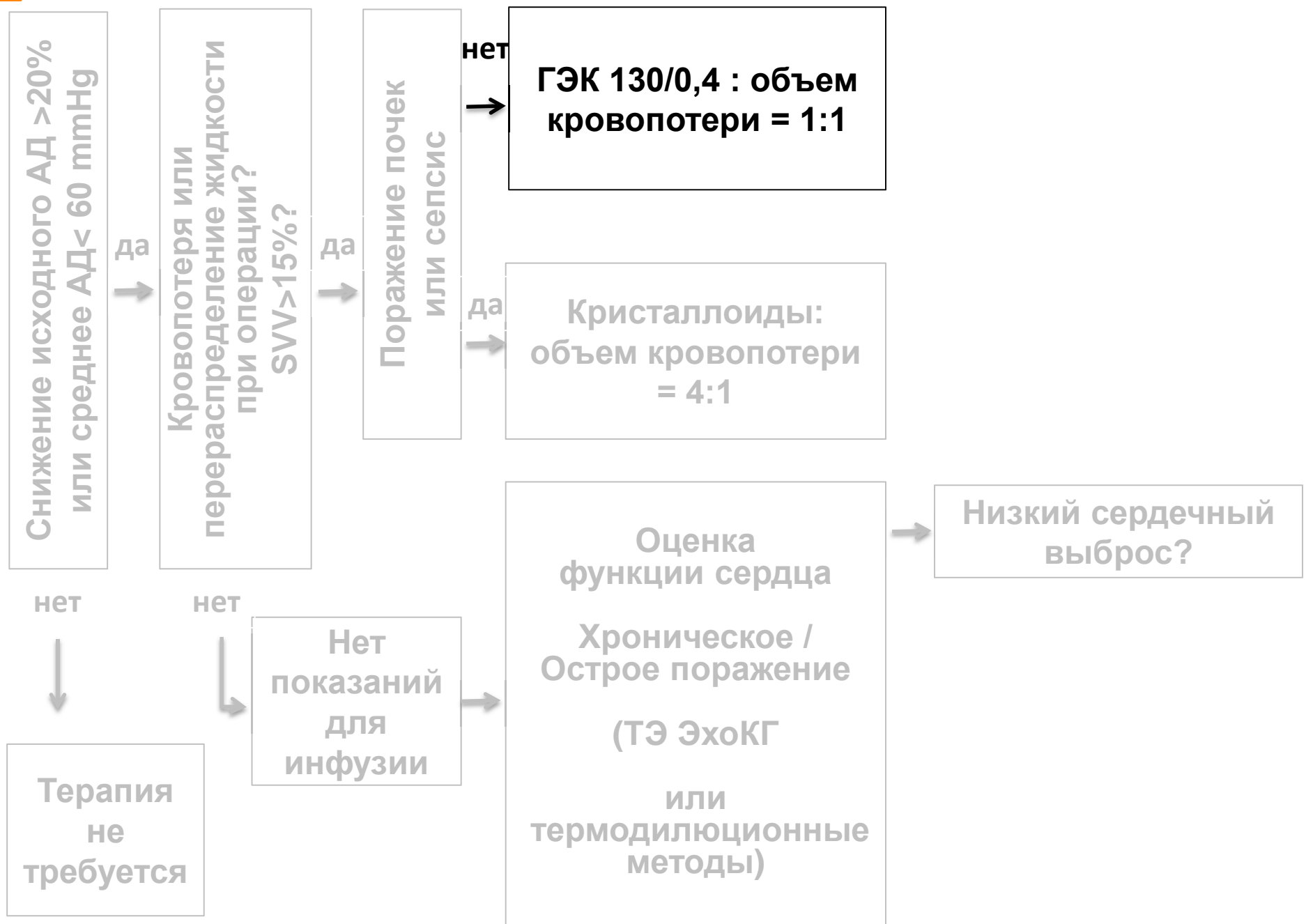
\* SVV- вариабельность ударного объема



\* SVV- вариабельность ударного объема



\* SVV- вариабельность ударного объема



\* SVV- вариабельность ударного объема

# Применение ГЭК сегодня



# Применение ГЭК сегодня



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

29 June 2018  
EMA/422341/2018

## Hydroxyethyl starch solutions: CMDh introduces new measures to protect patients

Medicines to remain on the market provided that training, controlled access and warnings on the packaging are implemented

The CMDh<sup>1</sup> has decided that hydroxyethyl starch (HES) solutions for infusion should remain on the market provided that a combination of additional measures to protect patients is implemented. This follows further reflection, in consultation with EU Member States, on whether it would be feasible to introduce new measures that would effectively reduce the risks with these medicines.

HES solutions for infusion are used to replace plasma volume following acute (sudden) blood loss, where treatment with alternative products known as 'crystalloids' alone is not considered sufficient.

In January 2018, EMA's safety committee PRAC recommended suspending the marketing authorisations of these medicines because they continued to be used in critically ill patients and patients with sepsis despite restrictions introduced in 2013 due to the risk of kidney injury and death in these patients.

The CMDh agreed with the PRAC's assessment of the serious risks in critically ill patients and patients with sepsis. However, the CMDh gave further consideration to the place of HES in the clinical practice of some countries, noted that previous risk minimisation measures had some effect, and considered that a combination of new risk minimisation measures would effectively ensure that HES solutions are not used in patients at risk.

The new measures are:

- the implementation of a controlled access programme by the companies holding the marketing authorisations to ensure that only accredited hospitals will be supplied with these medicines. The accreditation would require that relevant healthcare professionals receive training on the safe use of HES solutions for infusion. Further details about the training and the controlled access programme will be provided to hospitals and healthcare professionals in due time;
- warnings in the medicines' packaging and at the top of the summaries of product characteristics (SmPCs) reminding healthcare professionals that these medicines must not be used in patients with sepsis or kidney impairment or in critically ill patients;

<sup>1</sup> The CMDh is a medicines regulatory body representing the European Union (EU) Member States, Iceland, Liechtenstein and Norway.



# Применение ГЭК сегодня



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

29 June 2018  
EMA/422341/2018

## Hydroxyethyl starch solutions: CMDh introduces new measures to protect patients

Medicines to remain on the market provided that training, controlled access and warnings on the packaging are implemented

29 июня 2018 года на пленарном заседании CMDh большинством голосов принято решение о том, что **препараты, содержащие ГЭК, должны оставаться в странах ЕС** при условии введения дополнительных мер для защиты определенных группы пациентов.

The new measures are:

- the implementation of a controlled access programme by the companies holding the marketing authorisations to ensure that only accredited hospitals will be supplied with these medicines. The accreditation would require that relevant healthcare professionals receive training on the safe use of HES solutions for infusion. Further details about the training and the controlled access programme will be provided to hospitals and healthcare professionals in due time;
- warnings in the medicines' packaging and at the top of the summaries of product characteristics (SmPCs) reminding healthcare professionals that these medicines must not be used in patients with sepsis or kidney impairment or in critically ill patients;

<sup>1</sup> The CMDh is a medicines regulatory body representing the European Union (EU) Member States, Iceland, Liechtenstein and Norway.

30 Churchill Place • Canary Wharf • London E14 5RU • United Kingdom  
Telephone +44 (0)20 3660 6000 Facsimile +44 (0)20 3660 5555  
Send a question via our website [www.ema.europa.eu/contact](http://www.ema.europa.eu/contact)

As agency of the European Union



© European Medicines Agency, 2018. Reproduction is authorised provided the source is acknowledged.

# Применение ГЭК сегодня



29 июня 2018 года на пленарном заседании CMDh большинством голосов принято решение о том, что **препараты, содержащие ГЭК, должны оставаться в странах ЕС** при условии введения дополнительных мер для защиты определенных группы пациентов.

В июне 2018 года были возобновлены два клинических исследования ГЭК в хирургии и травматологии (PHOENICS и TETHYS)

<sup>1</sup> The CMDh is a medicines regulatory body representing the European Union (EU) Member States, Iceland, Liechtenstein and Norway.

30 Churchill Place • Canary Wharf • London E14 5RU • United Kingdom  
Telephone +44 (0)20 3660 6000 Facsimile +44 (0)20 3660 5555  
Send a question via our website [www.ema.europa.eu/contact](http://www.ema.europa.eu/contact)

As agency of the European Union



© European Medicines Agency, 2018. Reproduction is authorised provided the source is acknowledged.



# Применение ГЭК сегодня

## Что нужно учитывать:



# Применение ГЭК сегодня

## Что нужно учитывать:

- ❖ В РФ не было запрета и ограничений на применение ГЭК в рамках зарегистрированных показаний



# Применение ГЭК сегодня

## Что нужно учитывать:

- ❖ В РФ не было запрета и ограничений на применение ГЭК в рамках зарегистрированных показаний
- ❖ Показанием к применению ГЭК является лечение гиповолемии при острой кровопотере, если применение растворов кристаллоидов является недостаточным



# Применение ГЭК сегодня

## Что нужно учитывать:

- ❖ В РФ не было запрета и ограничений на применение ГЭК в рамках зарегистрированных показаний
- ❖ Показанием к применению ГЭК является лечение гиповолемии при острой кровопотере, если применение растворов кристаллоидов является недостаточным
- ❖ Максимальная суточная доза 6% ГЭК -30 мл/кг. Должна быть использована наименьшая эффективная доза препарата



# Применение ГЭК сегодня

## Что нужно учитывать:

- ❖ В РФ не было запрета и ограничений на применение ГЭК в рамках зарегистрированных показаний
- ❖ Показанием к применению ГЭК является лечение гиповолемии при острой кровопотере, если применение растворов кристаллоидов является недостаточным
- ❖ Максимальная суточная доза 6% ГЭК -30 мл/кг. Должна быть использована наименьшая эффективная доза препарата
- ❖ Лечение должно сопровождаться непрерывным мониторингом гемодинамики, и при достижении необходимого результата инфузию следует прекратить





# Применение ГЭК сегодня

## Что нужно учитывать:

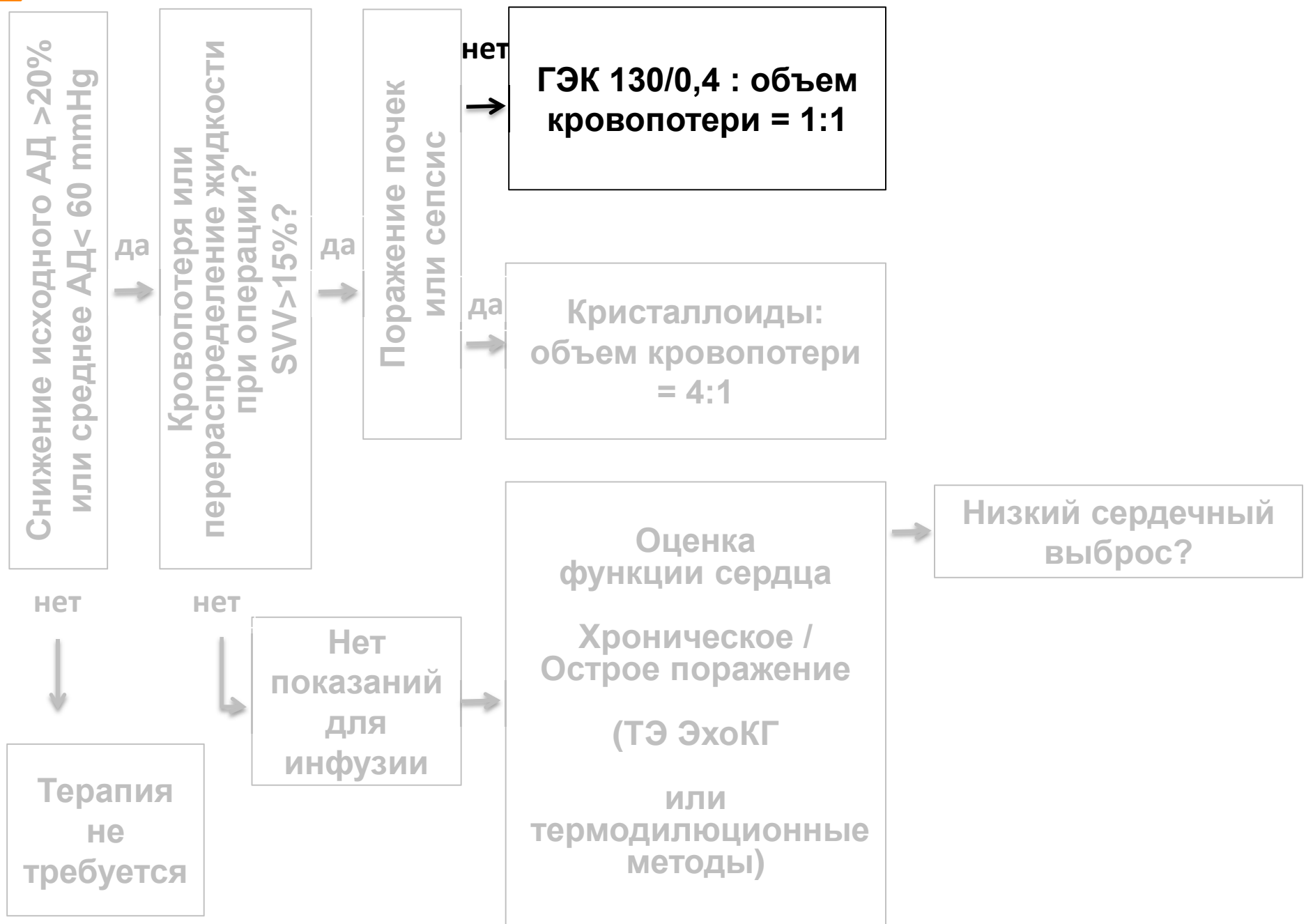
- ❖ В РФ не было запрета и ограничений на применение ГЭК в рамках зарегистрированных показаний
- ❖ Показанием к применению ГЭК является лечение гиповолемии при острой кровопотере, если применение растворов кристаллоидов является недостаточным
- ❖ Максимальная суточная доза 6% ГЭК - 30 мл/кг. Должна быть использована наименьшая эффективная доза препарата
- ❖ Лечение должно сопровождаться непрерывным мониторингом гемодинамики, и при достижении необходимого результата инфузию следует прекратить
- ❖ Длительность применения гидроксиэтилкрахмала должна быть ограничена начальной фазой восполнения ОЦК и не должна превышать 24 ч



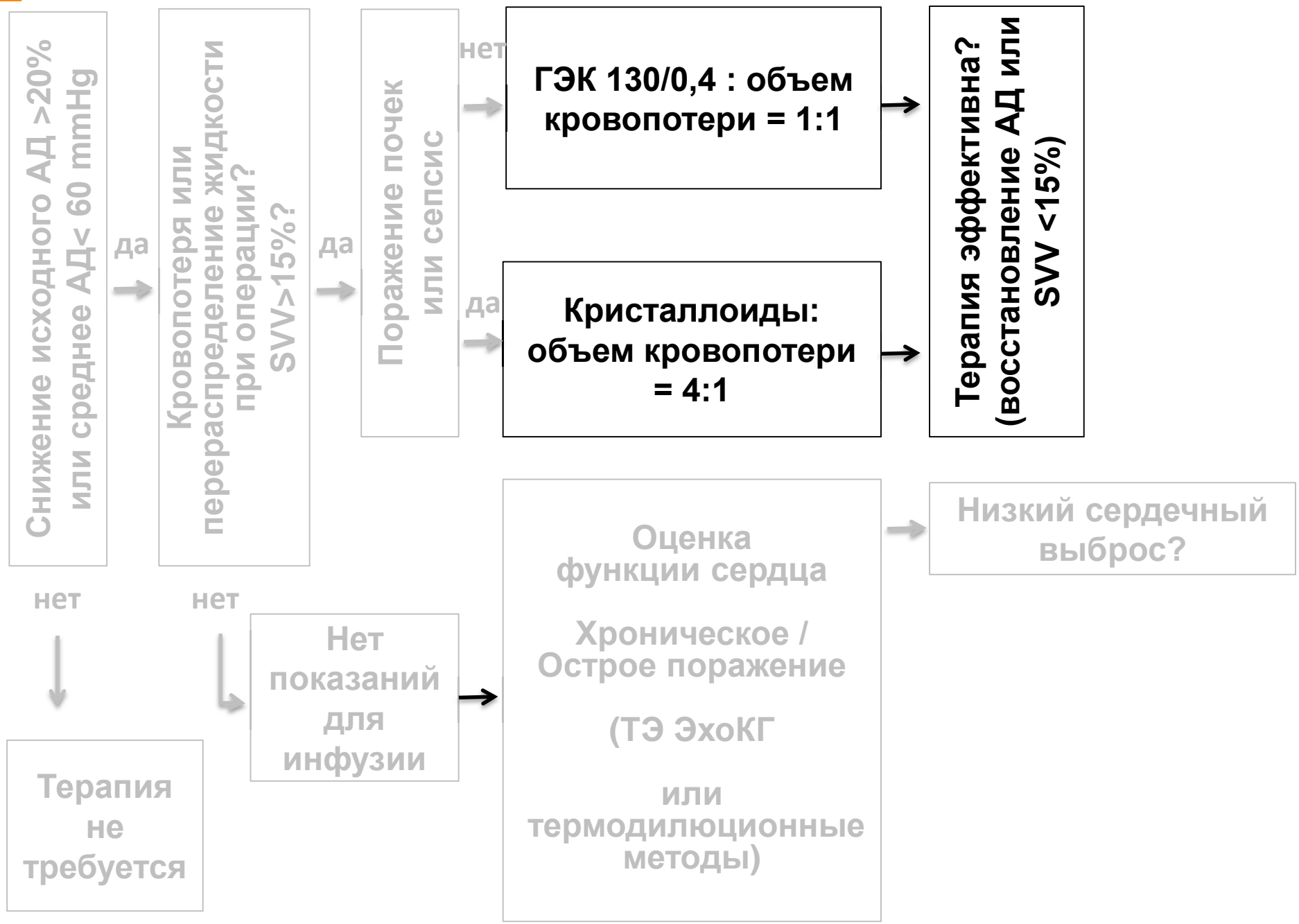
# Применение ГЭК сегодня

## Что нужно учитывать:

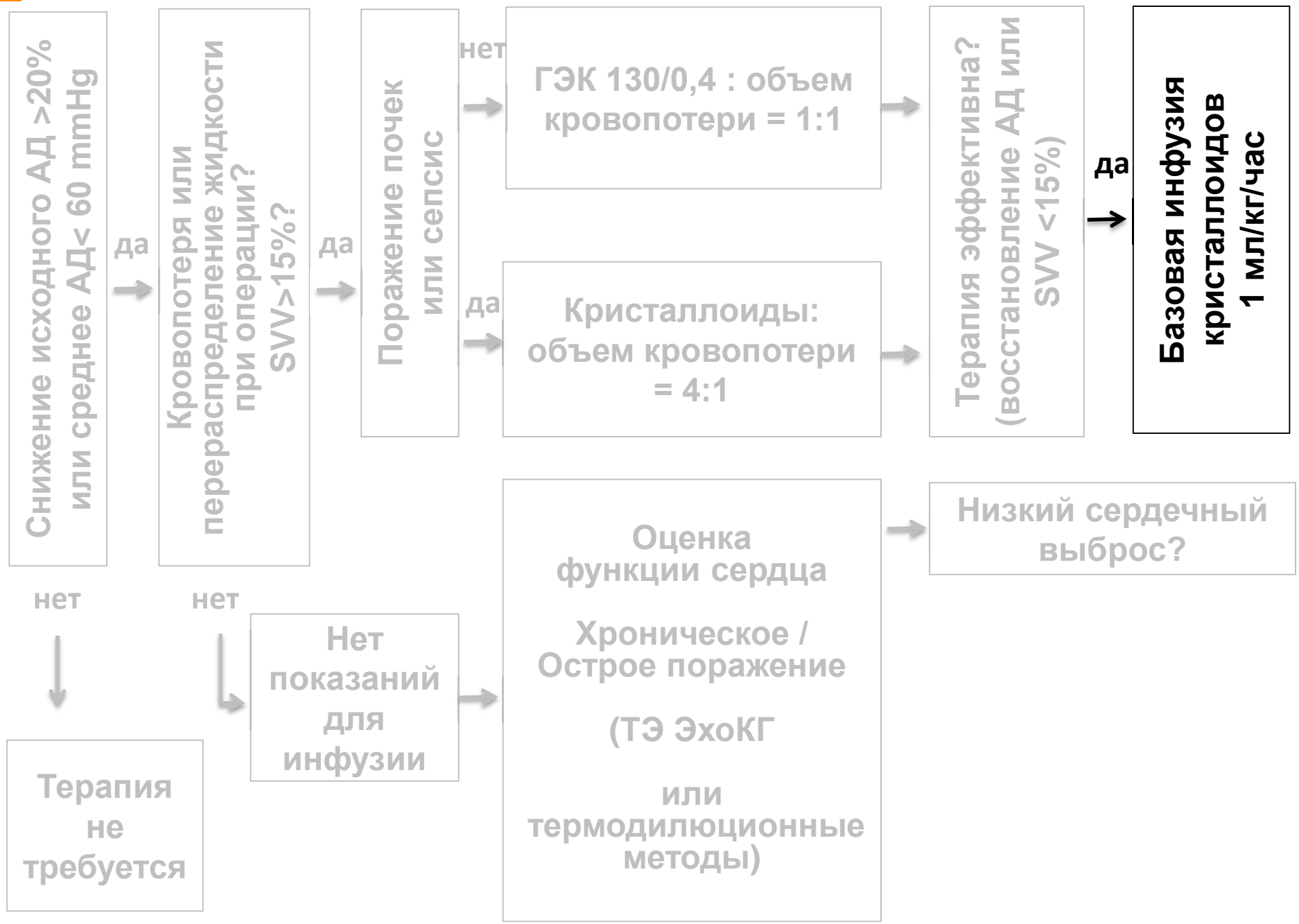
- ❖ В РФ не было запрета и ограничений на применение ГЭК в рамках зарегистрированных показаний
- ❖ Показанием к применению ГЭК является лечение гиповолемии при острой кровопотере, если применение растворов кристаллоидов является недостаточным
- ❖ Максимальная суточная доза 6% ГЭК -30 мл/кг. Должна быть использована наименьшая эффективная доза препарата
- ❖ Лечение должно сопровождаться непрерывным мониторингом гемодинамики, и при достижении необходимого результата инфузию следует прекратить
- ❖ Длительность применения гидроксиэтилкрахмала должна быть ограничена начальной фазой восполнения ОЦК и не должна превышать 24 ч
- ❖ Применение у детей не рекомендуется, в связи ограниченным опытом применения у данной возрастной категории



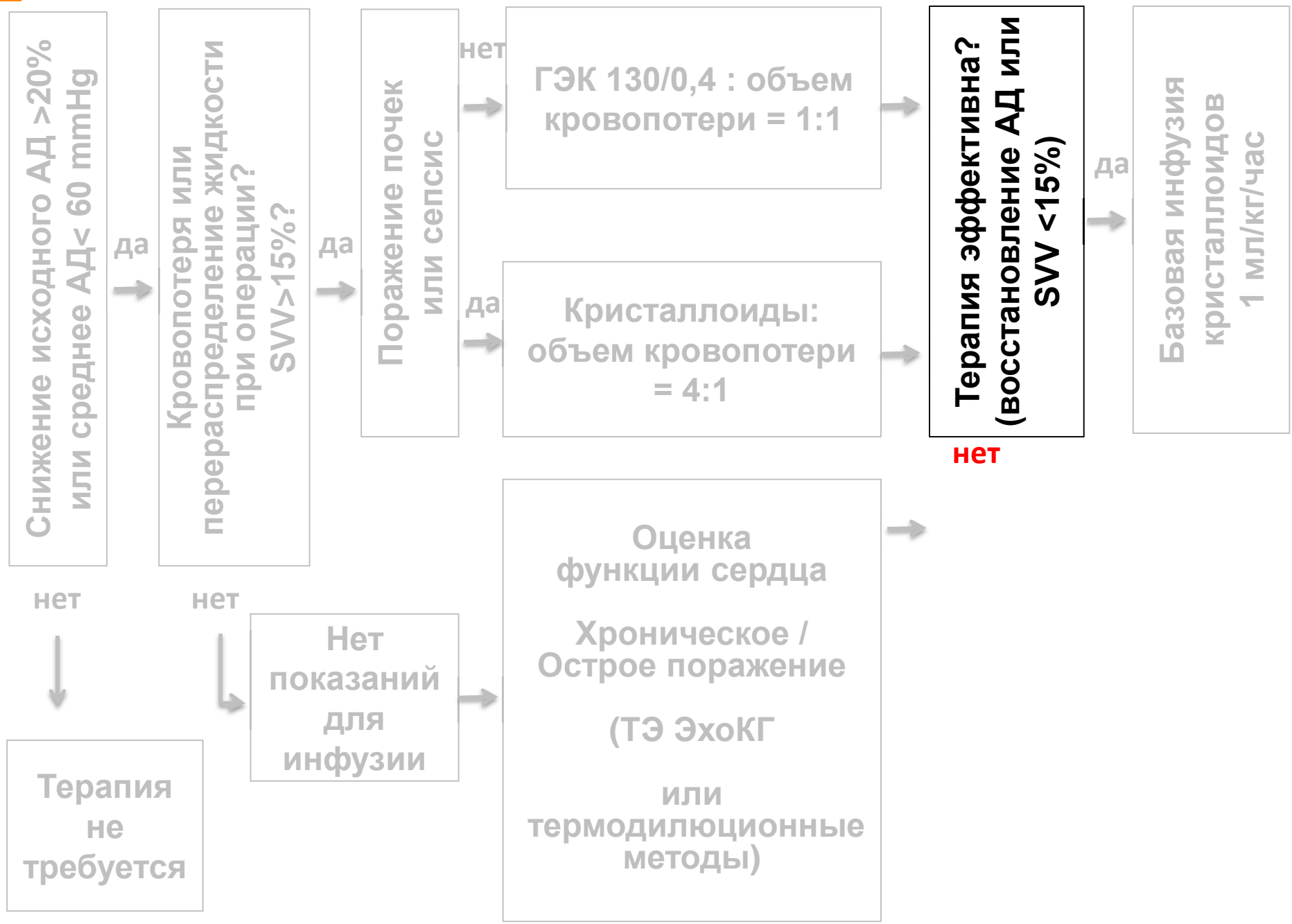
\* SVV- вариабельность ударного объема



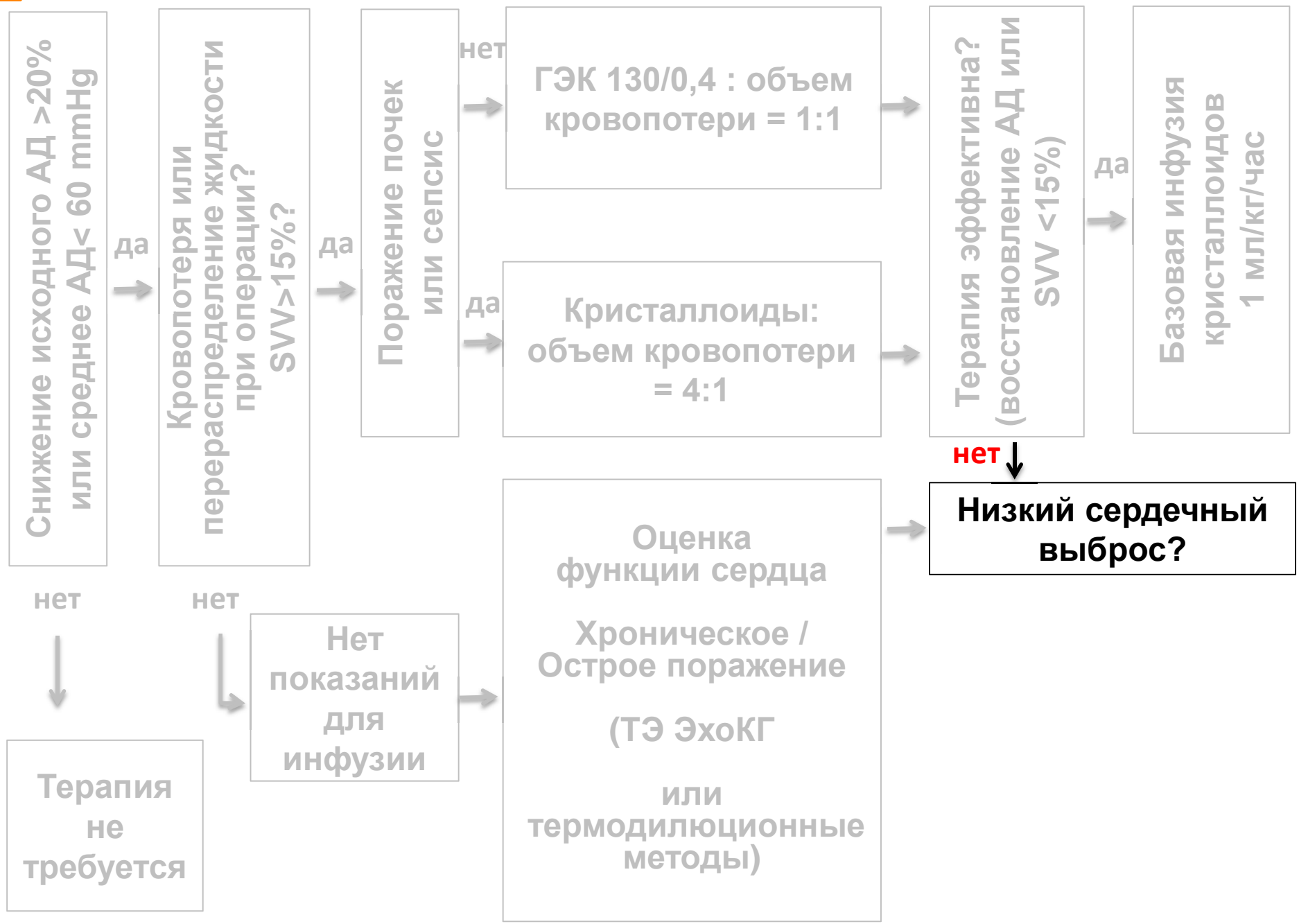
\* SVV- вариабельность ударного объема



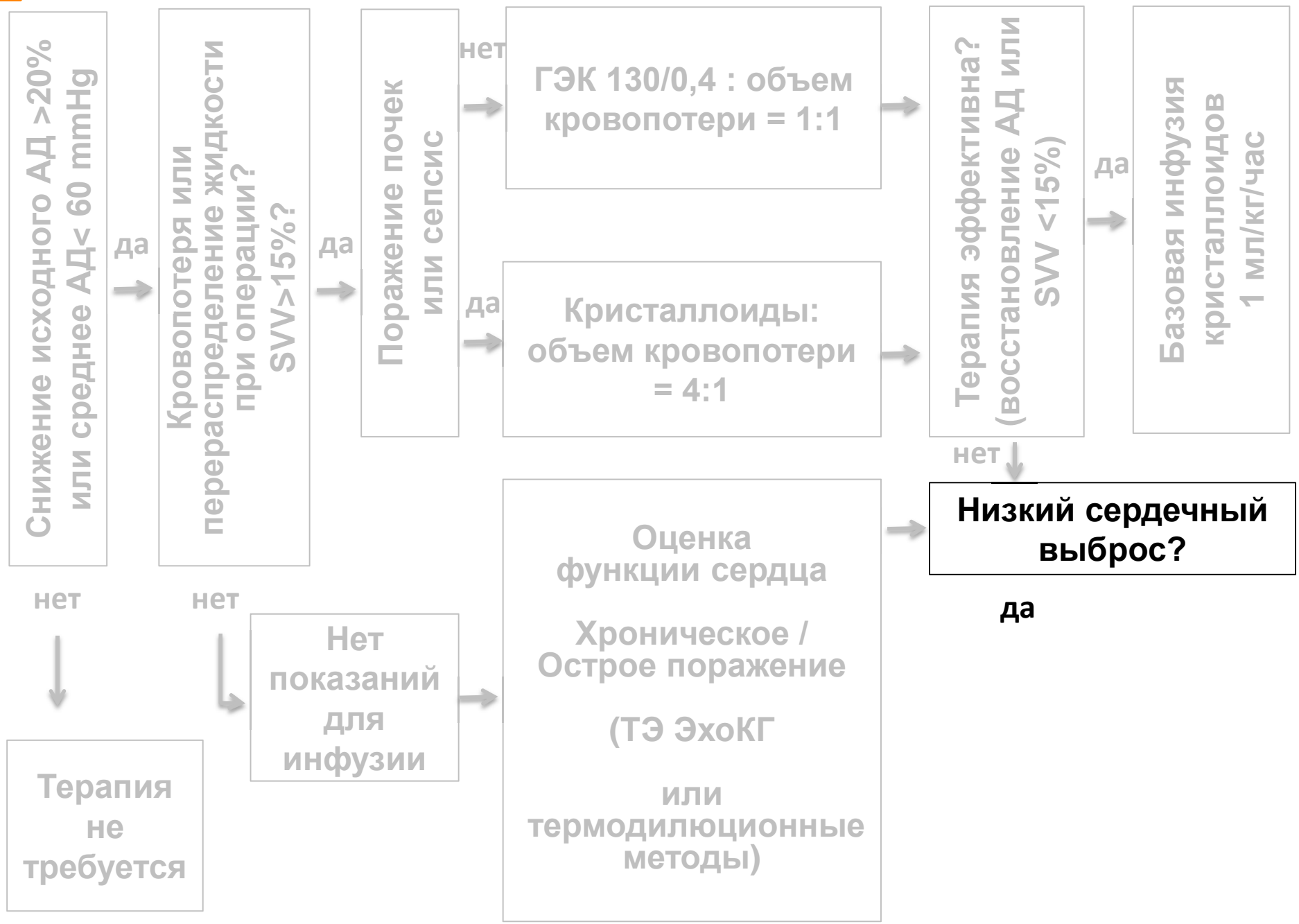
\* SVV- вариабельность ударного объема



\* SVV- вариабельность ударного объема

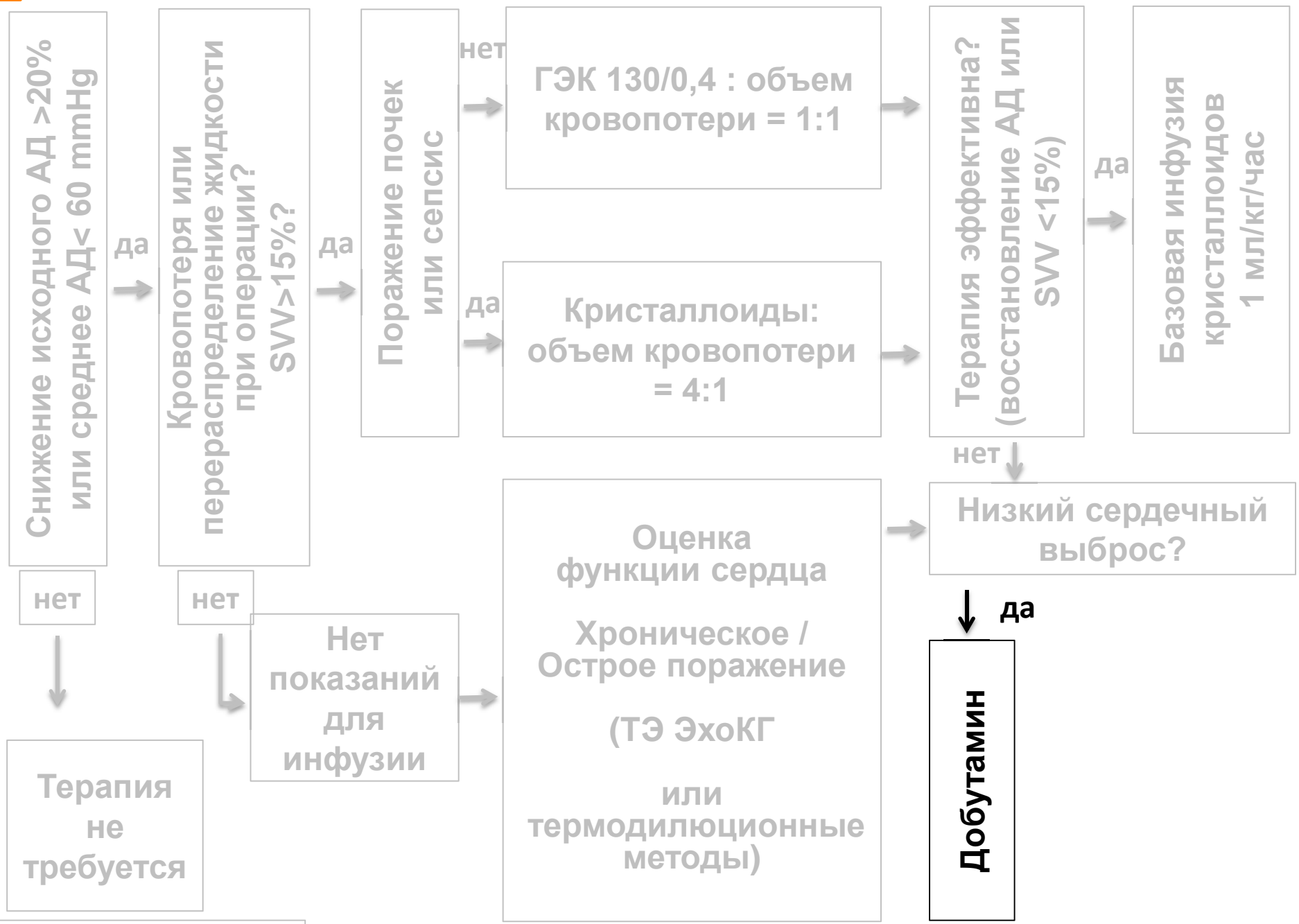


\* SVV- вариабельность ударного объема

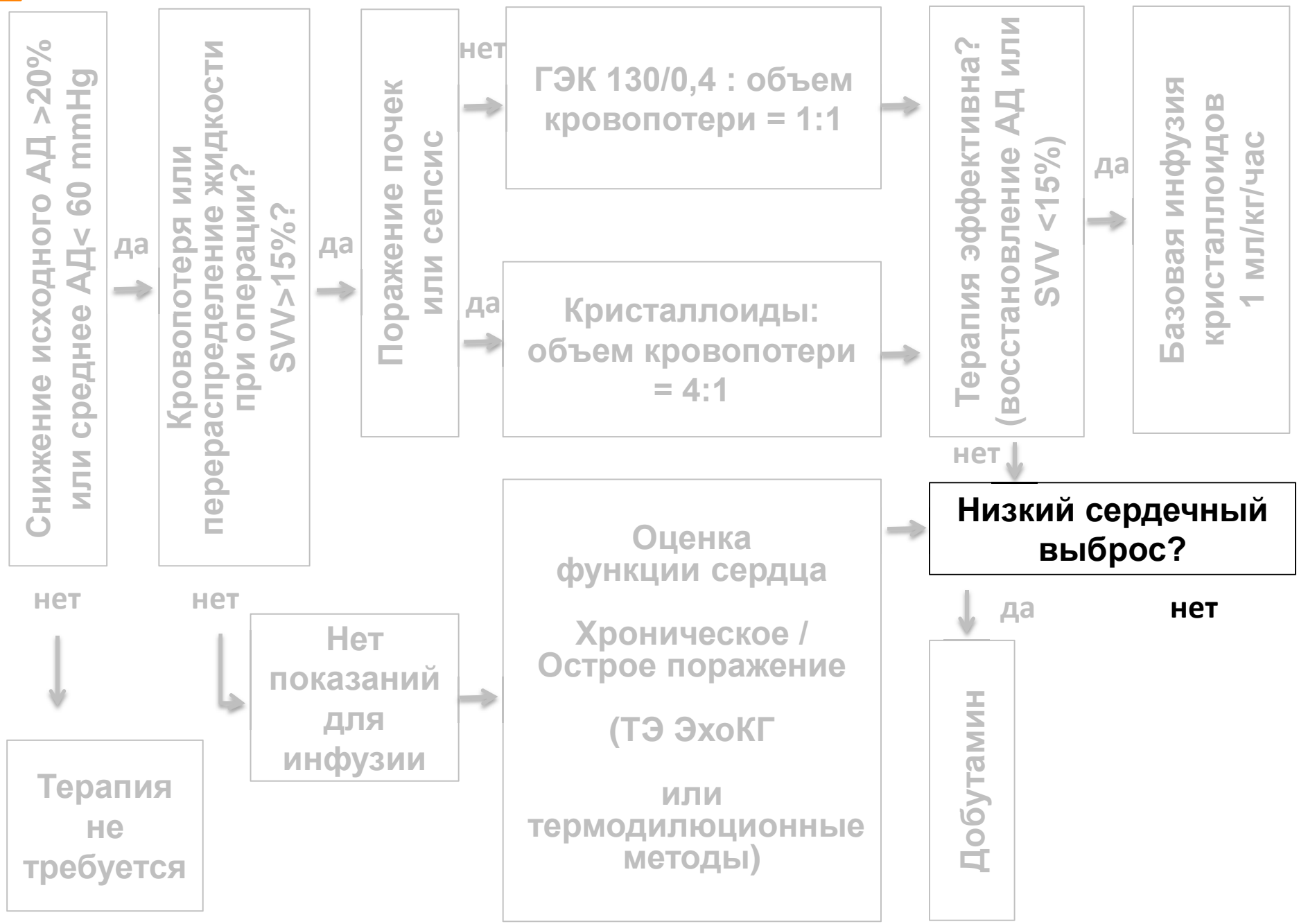


\* SVV- варибельность ударного объема

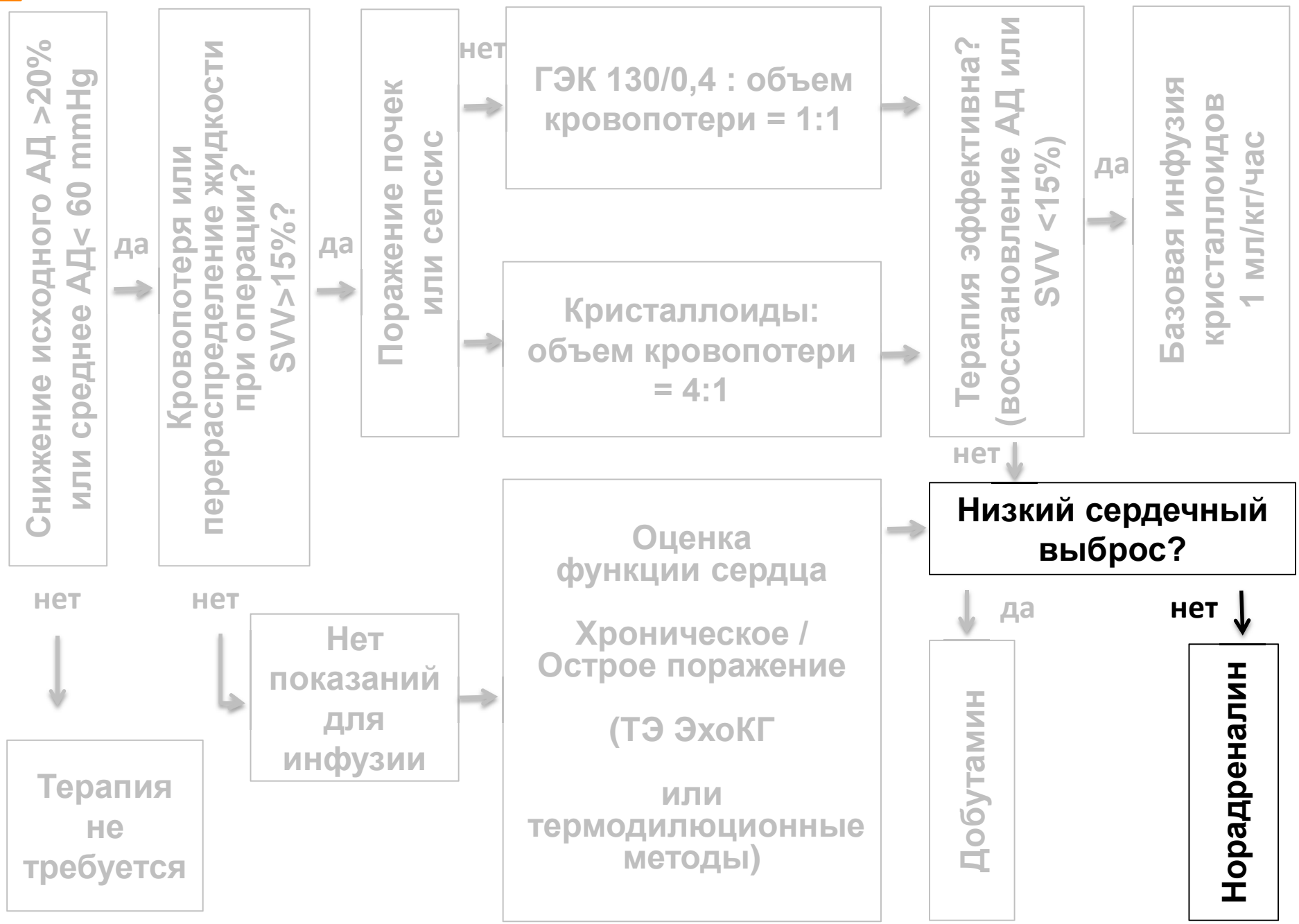




\* SVV- вариабельность ударного объема



\* SVV- вариабельность ударного объема



\* SVV- вариабельность ударного объема

# **«Смертельная триада» массивной кровопотери**

# «Смертельная триада» массивной кровопотери

- Гипотермия

# «Смертельная триада» массивной кровопотери

- Гипотермия
- Ацидоз

# «Смертельная триада» массивной кровопотери

- Гипотермия
- Ацидоз
- Коагулопатия

# Гипотермия

## **8.2. Correction of confounding factors**

### **Recommendations**

*We recommend maintaining perioperative normothermia because it reduces blood loss and transfusion requirements. 1B*



# Гипотермия

- нарушение функции тромбоцитов

# Гипотермия

- нарушение функции тромбоцитов
- нарушение функции факторов свертывания крови (снижение  $t$  на  $1^{\circ}\text{C}$  уменьшает их активность на 10% )

# Гипотермия

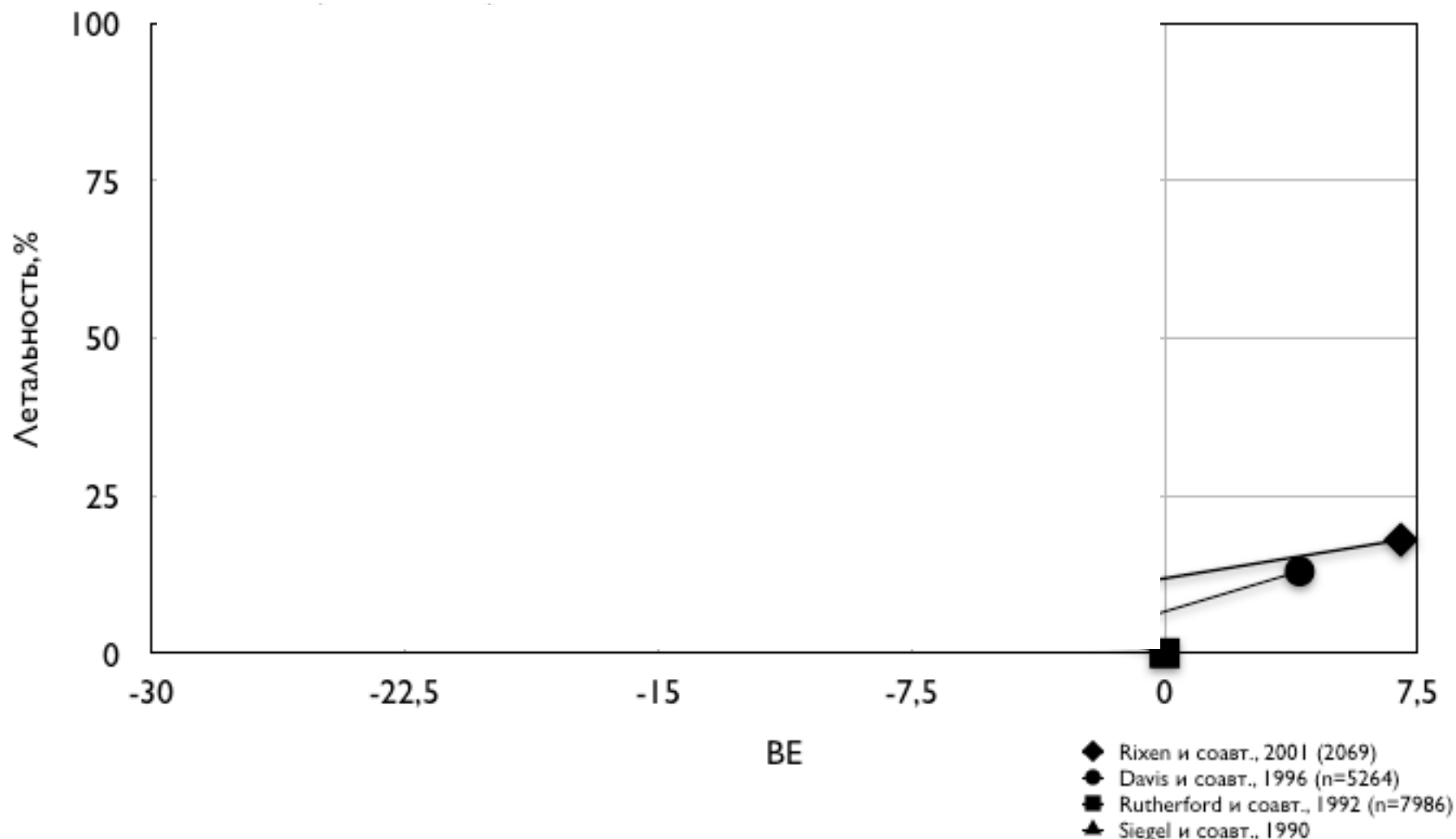
- нарушение функции тромбоцитов
- нарушение функции факторов свертывания крови (снижение  $t$  на  $1^{\circ}\text{C}$  уменьшает их активность на 10% )
- ингибирование ферментов

# Гипотермия

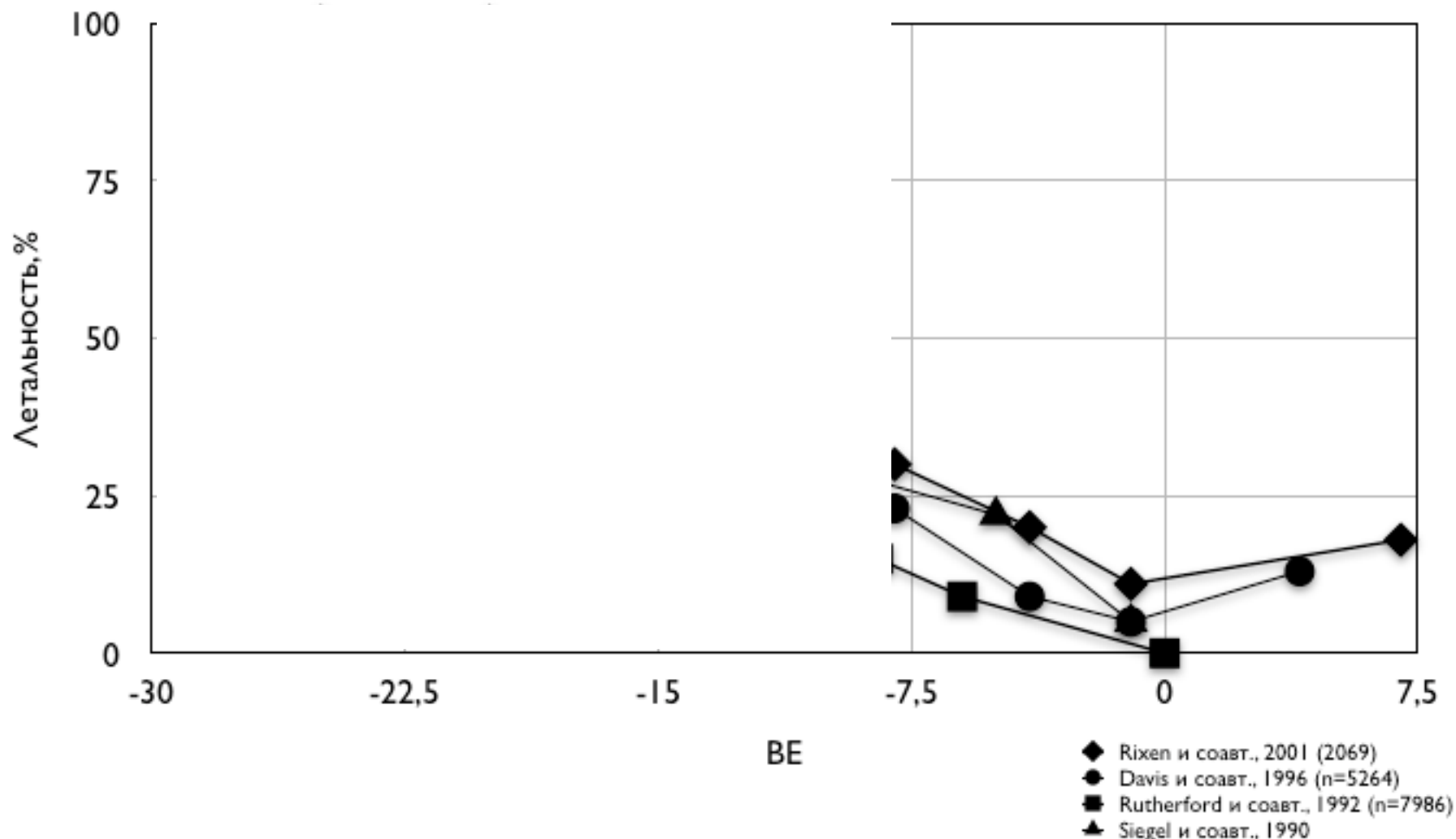
- нарушение функции тромбоцитов
- нарушение функции факторов свертывания крови (снижение  $t$  на  $1^{\circ}\text{C}$  уменьшает их активность на 10% )
- ингибирование ферментов
- фибринолиз

**Ацидоз прямо коррелирует с летальностью при тяжелой травме**

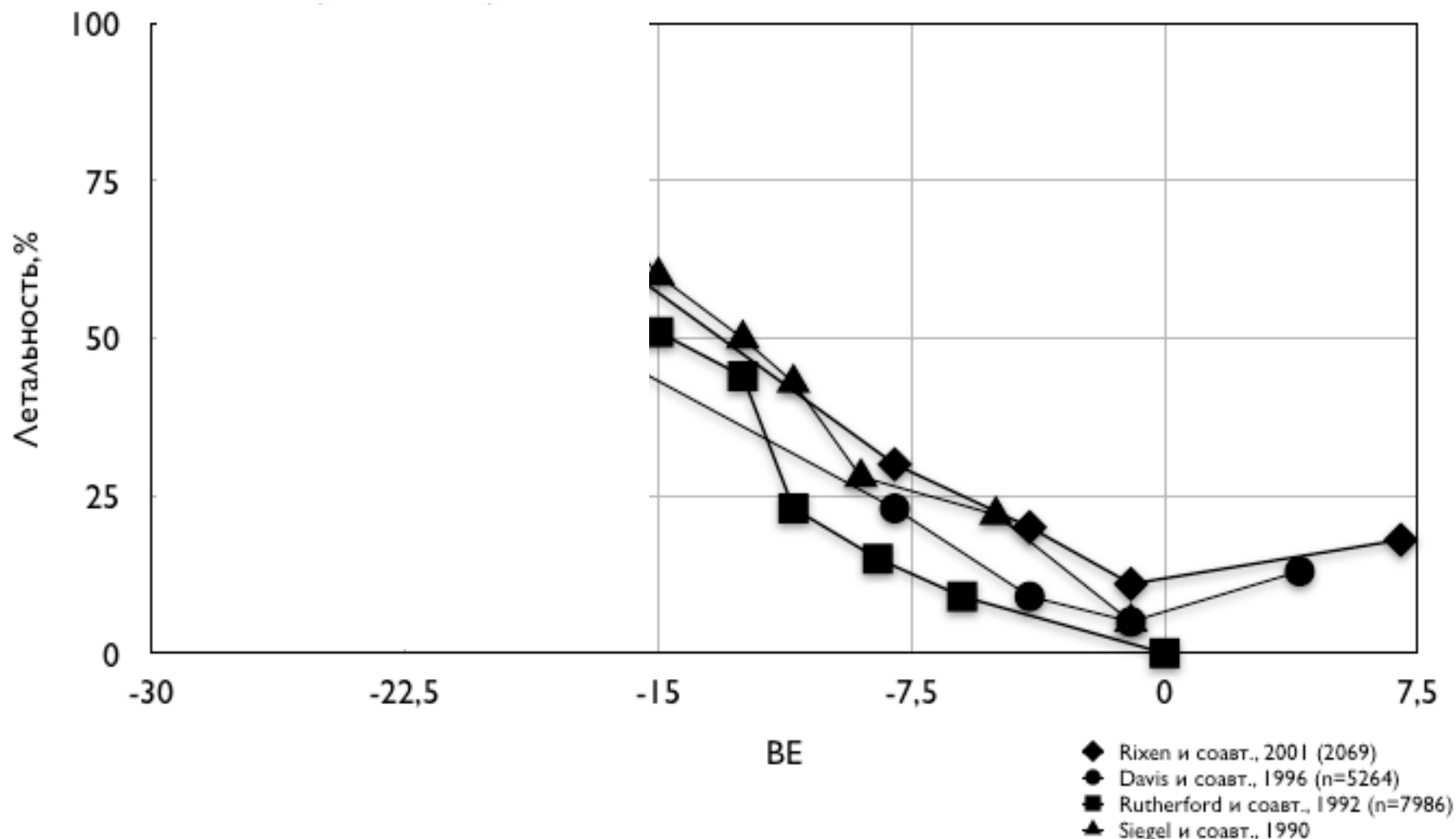
# Ацидоз прямо коррелирует с летальностью при тяжелой травме



# Ацидоз прямо коррелирует с летальностью при тяжелой травме

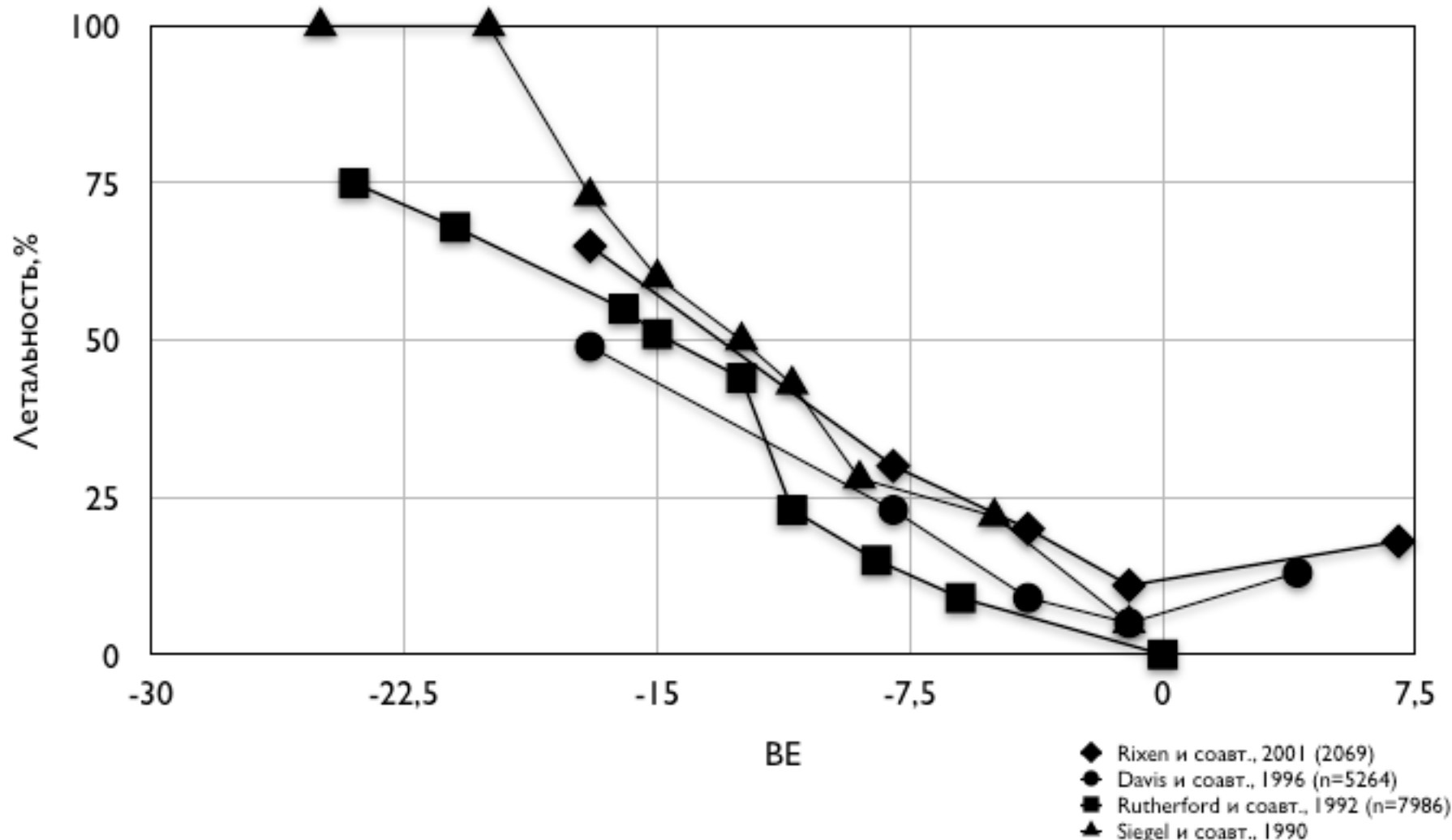


# Ацидоз прямо коррелирует с летальностью при тяжелой травме





# Ацидоз прямо коррелирует с летальностью при тяжелой травме



# КОС

Коррекцию рН

и

лечение ацидоз-индуцированной коагулопатии  
следует проводить одновременно

**1С**

# Лечение тяжелых кровотечений и коагулопатии при травме

Европейское руководство

Rossaint et al. *Critical Care* (2016) 20:100  
DOI 10.1186/s13054-016-1265-x

Critical Care

RESEARCH

Open Access

## The European guideline on management of major bleeding and coagulopathy following trauma: fourth edition



Rolf Rossaint<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4,5,6</sup>, Timothy J. Coats<sup>7</sup>, Jacques Duranteau<sup>8</sup>, Enrique Fernández-Mondéjar<sup>9</sup>, Daniela Filipescu<sup>10</sup>, Beverley J. Hunt<sup>11</sup>, Radko Komadina<sup>12</sup>, Giuseppe Nardi<sup>13</sup>, Edmund A. M. Neugebauer<sup>14</sup>, Yves Ozier<sup>15</sup>, Louis Riddez<sup>16</sup>, Arthur Schultz<sup>17</sup>, Jean-Louis Vincent<sup>18</sup> and Donat R. Spahn<sup>19\*</sup>

# Ограничить применение «физ.раствора»

Rossaint et al. *Critical Care* (2016) 20:100  
DOI 10.1186/s13054-016-1265-x

Critical Care

RESEARCH

Open Access



The European guideline on management of major bleeding and coagulopathy following trauma: fourth edition

Rolf Rossaint<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4,5,6</sup>, Timothy J. Coats<sup>7</sup>, Jacques Duranteau<sup>8</sup>, Enrique Fernández-Mondéjar<sup>9</sup>, Daniela Filipescu<sup>10</sup>, Beverley J. Hunt<sup>11</sup>, Radko Komadina<sup>12</sup>, G. Edmund A. M. Neugebauer<sup>14</sup>, Yves Ozier<sup>15</sup>, Louis Riddez<sup>16</sup>, Arthur Schultz<sup>17</sup>, Jean-Louis Vincent<sup>18</sup> and Donat R. Spahn<sup>19\*</sup>

In most trauma studies 0.9 % sodium chloride was used as the crystalloid solution. However, recent studies suggest that this crystalloid may increase acidosis and the incidence of kidney injury in healthy volunteers or critically ill adults [238, 239]. In contrast to 0.9 % sodium chloride, balanced electrolyte solutions contain physiological or near-physiological concentrations of electrolytes. Recently, in a small prospective randomised trial in 46 trauma patients a balanced electrolyte solution improved acid-base status and caused less hyperchloraemia at 24 h post injury compared to 0.9 % sodium chloride [240]. A secondary analysis of this study demonstrated that the use of a balanced electrolyte solution resulted in a net cost benefit in comparison to the use of 0.9 % saline chloride [241]. Therefore, if 0.9 % sodium chloride is used it should be limited to a maximum of 1–1.5 l.

# Ограничить применение «физ.раствора»

Rossaint et al. *Critical Care* (2016) 20:100  
DOI 10.1186/s13054-016-1265-x

Critical Care

RESEARCH

Open Access



The European guideline on management of major bleeding and coagulopathy following trauma: fourth edition

Rolf Rossaint<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4,5,6</sup>, Timothy J. Coats<sup>7</sup>, Jacques Duranseau<sup>8</sup>, Enrique Fernández-Mondéjar<sup>9</sup>, Daniela Filipescu<sup>10</sup>, Beverley J. Hunt<sup>11</sup>, Radko Komadina<sup>12</sup>, G. Edmund A. M. Neugebauer<sup>13</sup>, Yves Ozier<sup>14</sup>, Louis Riddez<sup>15</sup>, Arthur Schultz<sup>16</sup>, Jean-Louis Vincent and Donat R. Spahn<sup>17\*</sup>

In most trauma studies 0.9 % sodium chloride was used as the crystalloid solution. However, recent studies suggest that this crystalloid may increase acidosis and the incidence of kidney injury in healthy volunteers or critically ill adults [238, 239]. In contrast to 0.9 % sodium chloride, balanced electrolyte solutions contain physiological or near-physiological concentrations of electrolytes. Recently, in a small prospective randomised trial in 46 trauma patients a balanced electrolyte solution improved acid-base status and caused less hyperchloraemia at 24 h post injury compared to 0.9 % sodium chloride [240]. A secondary analysis of this study demonstrated that the use of a balanced electrolyte solution resulted in a net cost benefit in comparison to the use of 0.9 % saline chloride [241]. Therefore, if 0.9 % sodium chloride is used it should be limited to a maximum of 1–1.5 l.

# Ограничить применение «физ.раствора»

Rossaint et al. *Critical Care* (2016) 20:100  
DOI 10.1186/s13054-016-1265-x

Critical Care

RESEARCH

Open Access



The European guideline on management of major bleeding and coagulopathy following trauma: fourth edition

Rolf Rossaint<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4,5,6</sup>, Timothy J. Coats<sup>7</sup>, Jacques Duranseau<sup>8</sup>, Enrique Fernández-Mondéjar<sup>9</sup>, Daniela Filipescu<sup>10</sup>, Beverley J. Hunt<sup>11</sup>, Radko Komadina<sup>12</sup>, G. Edmund A. M. Neugebauer<sup>14</sup>, Yves Ozier<sup>15</sup>, Louis Riddez<sup>16</sup>, Arthur Schultz<sup>17</sup>, Jean-Louis Vincent<sup>18</sup> and Donat R. Spahn<sup>19\*</sup>

In most trauma studies 0.9 % sodium chloride was used as the crystalloid solution. However, recent studies suggest that this crystalloid may increase acidosis and the incidence of kidney injury in healthy volunteers or critically ill adults [238, 239]. In contrast to 0.9 % sodium chloride, balanced electrolyte solutions contain physiological or near-physiological concentrations of electrolytes. Recently, in a small prospective randomised trial in 46 trauma patients a balanced electrolyte solution improved acid-base status and caused less hyperchloraemia at 24 h post injury compared to 0.9 % sodium chloride [240]. A secondary analysis of this study demonstrated that the use of a balanced electrolyte solution resulted in a net cost benefit in comparison to the use of 0.9 % saline chloride [241]. Therefore, if 0.9 % sodium chloride is used it should be limited to a maximum of 1–1.5 l.

# Ограничить применение «физ.раствора»

Rossaint et al. *Critical Care* (2016) 20:100  
DOI 10.1186/s13054-016-1265-x

Critical Care

RESEARCH

Open Access



The European guideline on management of major bleeding and coagulopathy following trauma: fourth edition

Rolf Rossaint<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4,5,6</sup>, Timothy J. Coats<sup>7</sup>, Jacques Duranseau<sup>8</sup>, Enrique Fernández-Mondéjar<sup>9</sup>, Daniela Filipescu<sup>10</sup>, Beverley J. Hunt<sup>11</sup>, Radko Komadina<sup>12</sup>, G. Edmund A. M. Neugebauer<sup>13</sup>, Yves Ozier<sup>14</sup>, Louis Riddez<sup>15</sup>, Arthur Schultz<sup>16</sup>, Jean-Louis Vincent and Donat R. Spahn<sup>17\*</sup>

In most trauma studies 0.9 % sodium chloride was used as the crystalloid solution. However, recent studies suggest that this crystalloid may increase acidosis and the incidence of kidney injury in healthy volunteers or critically ill adults [238, 239]. In contrast to 0.9 % sodium chloride, balanced electrolyte solutions contain physiological or near-physiological concentrations of electrolytes. Recently, in a small prospective randomised trial in 46 trauma patients a balanced electrolyte solution improved acid-base status and caused less hyperchloraemia at 24 h post injury compared to 0.9 % sodium chloride [240]. A secondary analysis of this study demonstrated that the use of a balanced electrolyte solution resulted in a net cost benefit in comparison to the use of 0.9 % saline chloride [241]. Therefore, if 0.9 % sodium chloride is used it should be limited to a maximum of 1–1.5 L.

# Гиперхлоремический дилуционный ацидоз



# Гиперхлоремический дилуционный ацидоз

0,9% раствор натрия хлорида  
растворы ГЭК, декстрана, желатина и проч.  
**не содержат донаторов резервной щелочности**

# Гиперхлоремический дилуционный ацидоз

0,9% раствор натрия хлорида  
растворы ГЭК, декстрана, желатина и проч.  
**не содержат донаторов резервной щелочности**



Гипернатриемия  
Гиперхлоремия

# Гиперхлоремический дилуционный ацидоз

0,9% раствор натрия хлорида  
растворы ГЭК, декстрана, желатина и проч.  
**не содержат донаторов резервной щелочности**



Гипернатриемия  
Гиперхлоремия



**Гиперхлоремический дилуционный ацидоз**

# Гиперхлоремический дилуционный ацидоз

- Смещение кривой диссоциации оксигемоглобина вправо
- Олигурия
- Нарушение работы ферментных систем
- Послеоперационная тошнота и рвота

# Состав полиэлектролитных растворов

(ммоль/л)

	Плазма	NaCl 0,9%	Рингер	Стерофундин	Реамберин
<b>Na<sup>+</sup></b>	140	154	147	145	147
<b>K<sup>+</sup></b>	4	-	4	4	4
<b>Ca<sup>2+</sup></b>	2,45	-	2,25	2,5	-
<b>Mg<sup>2+</sup></b>	1	-	1	1	1,25
<b>Cl</b>	100	154	156	127	109
<b>HCO<sub>3</sub><sup>-</sup></b>	24	-	-	-	-
<b>Лактат</b>	-	-	-	-	-
<b>Ацетат</b>	-	-	-	24	-
<b>Малат</b>	-	-	-	5	-
<b>Сукцинат</b>	-	-	-	-	44,7
<b>Осмолярность</b> мОсм/л	300	308	309	304	313
<b>РСИ (SID)</b>	47	0	0	20	43

# Состав полиэлектролитных растворов

(ммоль/л)

	Плазма	NaCl 0,9%	Рингер	Стерофундин	Реамберин
Na <sup>+</sup>	140	154	147	145	147
K <sup>+</sup>	4	-	4	4	4
Ca <sup>2+</sup>	2,45	-	2,25	2,5	-
Mg <sup>2+</sup>	1	-	1	1	1,25
Cl	100	154	156	127	109
HCO <sub>3</sub> <sup>-</sup>	24	-	-	-	-
Лактат	-	-	-	-	-
Ацетат	-	-	-	24	-
Малат	-	-	-	5	-
Сукцинат	-	-	-	-	44,7
Осмолярность мОсм/л	300	308	309	304	313
РСИ (SID)	47	0	0	20	43

# АНЕСТЕЗИЯ В ТРАВМАТОЛОГИИ

© КОЛЛЕКТИВ АВТОРОВ, 2015

УДК 615.252.4.03:617-001-06:616-008.9-084

Герасимов Л.В.<sup>1</sup>, Марченков Ю.В.<sup>2</sup>, Волков Д.П.<sup>1</sup>, Родионов Е.П.<sup>1</sup>, Измайлов В.В.<sup>2</sup>

## ВОЗМОЖНОСТИ КОРРЕКЦИИ МЕТАБОЛИЧЕСКИХ НАРУШЕНИЙ С ИСПОЛЬЗОВАНИЕМ РЕАМБЕРИНА В ОСТРОМ ПЕРИОДЕ ТРАВМЫ

<sup>1</sup>ГКБ им. С.П. Боткина, Москва; <sup>2</sup>ФГБУ «НИИ общей реаниматологии им. В.А. Неговского», Москва

*Обследовано 56 больных в возрасте 18–60 лет, поступивших в реанимационное отделение № 18 ГКБ им. С.П. Боткина с диагнозом «тяжелая сочетанная травма». Проведена сравнительная оценка влияния полиэлектrolитного раствора «Реамберин» на кислотно-основное состояние, осмоляльность и электролитный состав плазмы у больных в остром посттравматическом периоде. Установлено, что на фоне традиционной инфузионной терапии у больных отмечались метаболический ацидоз и гиперхлоремия. В группе, получавшей реамберин, уже на 2-е сутки происходила нормализация кислотно-основного состояния у 82% больных, а также отмечались более низкие показатели концентрации хлоридов. Применение реамберина существенно не влияло на осмоляльность плазмы и частоту развития алкалоза в остром периоде травмы.*

**Ключевые слова:** тяжелая сочетанная травма; метаболический ацидоз; инфузионная терапия; реамберин.

**Для цитирования:** Анестезиология и реаниматология. 2015; 60(6): 50-54.

# Выводы



# Выводы

1. На фоне применения традиционных кристаллоидных растворов нарушения кислотно-основного состояния в остром периоде травмы представлены лактат-ацидозом, гиперхлоремическим и дилуционным ацидозом.

# Выводы

1. На фоне применения традиционных кристаллоидных растворов нарушения кислотно-основного состояния в остром периоде травмы представлены лактат-ацидозом, гиперхлоремическим и дилуционным ацидозом.

2. В группе, где использовался реамберин, уже на 2-е сутки происходила нормализация показателей кислотно-основного состояния у 82% больных, а также отмечались более низкие показатели концентрации хлоридов.

# Выводы

1. На фоне применения традиционных кристаллоидных растворов нарушения кислотно-основного состояния в остром периоде травмы представлены лактат-ацидозом, гиперхлоремическим и дилуционным ацидозом.

2. В группе, где использовался реамберин, уже на 2-е сутки происходила нормализация показателей кислотно-основного состояния у 82% больных, а также отмечались более низкие показатели концентрации хлоридов.

3. Включение в состав инфузионной терапии реамберина не влияло на осмоляльность плазмы и частоту развития алкалоза в остром периоде травмы.

# Сбалансированные растворы

We suggest the use of balanced solutions for crystalloids and as a basic solute for iso-oncotic preparations. **2C**

# Сбалансированные растворы

We suggest the use of balanced solutions for crystalloids and as a basic solute for iso-oncotic preparations. **2C**

## **9.5.2. Fluid resuscitation**

### **Recommendation**

*We recommend the use of isotonic and balanced resuscitation fluids in bleeding children. **1C***

# Особенности инфузионной терапии при критических состояниях

- Сепсис
- Кровопотеря

# Филипп Ауреол Теофраст Бомбаст фон Гогенхайм



1493 -1541

# Парацельс



1493 -1541



# Парацельс



*Dosis facit venenum*

Благодарю за внимание